



*From the front, the Hardendorf eco-house is your standard bungalow; the backyard provides a glimpse of how it's not.*

## Hardendorf Eco-house: A Jewel in Lake Claire's Green Crown

When young Audrey Maxim-Rumley comes marching home from Mary Lin Elementary School, she enters a space heated and cooled by a geothermal HVAC system. When she takes her nightly bath, she splashes water warmed by a solar thermal hot water heater. And when she plays in the backyard of 621 Hardendorf Avenue, she tumbles on a lawn nurtured by a 1,500-gallon rainwater irrigation system.

The lively daughter of Hiram Maxim and Caroline Rumley

is growing up in a very special dwelling—as her mother likes to say, an “eco-house,” as you soon discover when you read Hiram and Caroline’s blog at [www.lakeclaireleed.com](http://www.lakeclaireleed.com). Perhaps you’ve seen these four letters—LEED—and wondered what they stand for. Well, they’re short for “Leadership in Energy and Environmental Design,” and Audrey’s home is among the first residential renovation projects in Georgia to attempt to earn the LEED Platinum designation.

When Hiram and Caroline decided to renovate their 1920s bungalow in Lake Claire, they turned to the Epsten Group for architectural renovation plans. Founded by Candler Park resident Dagmar Epsten, the award-winning architectural practice specializes in sustainable design. Eileen Gohr, project manager for the Hardendorf work, takes up the story here: “Our clients’ goals included redesigning the single-story structure over a crawl space to include a finished basement and a reconfigured main floor. That floor, once a closed-off series of distinct rooms, became an open and airy plan that links the living room, kitchen, and dining room along the entire south side of the home. The north side remains more private bedroom quarters.

“Hiram and Caroline were very interested in energy efficiency and in an environmentally sensitive selection of materials. They asked that as much as possible be salvaged from the 1920s house. For example, the existing doors were scheduled for careful removal, storage, and reuse where possible. The existing floors were



## Earth Day Celebrates 40 Years on April 22

### How Atlantans Can Get in on the Action

On Thursday, April 22, people in more than a hundred nations will celebrate the planet for the fortieth Earth Day: an opportunity to become educated on critical environmental issues, to promote sustainability, to commit—or recommit—oneself to year-round Earth stewardship, and to simply honor the Earth, its resources, and those who work so diligently for a global green economy. What can you do to join in on the celebration? Here are some local events and opportunities, as well as ongoing efforts you can take to show respect for the planet and concern for protecting its natural gifts.

### Events

1. Participate in the citywide cleanup or host your own. Keep Atlanta Beautiful and its Belt-Line partners are looking for 150 volunteers to join them on April 17 from 8:00 a.m. to noon in a citywide effort to clear trails between Montgomery Ferry Road and Westminster Drive of litter and invasive plants. Register at [www.KeepAtlantaBeautiful.org](http://www.KeepAtlantaBeautiful.org) to help restore the BeltLine’s walkable connections and greenspace. Residents and community leaders in districts along the BeltLine

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are also invited to host their own localized cleanups; KAB will provide useful tools and information to get you started. Register your cleanup project at [www.keeptatlantabeautiful.org](http://www.keeptatlantabeautiful.org).

2. Take the kids to the 8th Annual Earth Day Kids Fest. The fest will take place on April 17 from 10:00 a.m. to 3:00 p.m. Located on the grounds of the Chattahoochee Nature Center, this unique hands-on environmental education event encourages youngsters to take the first steps in becoming environmental stewards. Activities include seed plantings, live animal presentations, canoeing, and face painting. Healthy snacks for the whole family will be available. For more information, visit [www.captainplanetfdn.org](http://www.captainplanetfdn.org).

3. Attend the Sweetwater 420 Fest and learn about being a part of the solution with Planet 420. At the fest, on April 17–18, you can visit the booths of local, regional, and national nonprofits and environmental organizations; last year, festival-goers could visit over fifteen organizations to learn ways to take Earth-friendly practices back to their communities and homes. For more information, go to [www.sweetwater420fest.com](http://www.sweetwater420fest.com).

4. Celebrate at the Oakhurst Earth Day Party. This free event on Sunday, April 18, kicks off at 12:30 p.m. with a parade from Harmony Park to the Oakhurst Community Garden site. An array of events is planned for children and adults alike, including kids' crafts, music, a Live Raptor Show, a special Earth Day T-shirt contest, a book-reading event, and Earth-friendly vendors. The event runs until 4:00 p.m. The Oakhurst Community Garden project is located at 435 Oakview Road, in Decatur.

5. Learn more about the environment and the world around you at Georgia Tech's Earth Day Celebration. With an annual participation of more than 3,000 people, this is one of the largest Earth Day celebrations in the Southeast. The event, held on April 23 from 10:00 a.m. to 2:00 p.m., is free and open to the public and features seventy exhibitors, eco-friendly giveaways, recycling opportunities, a clothing swap, an office supply exchange, live music, and organic popcorn. For more information, visit [www.earthday.gatech.edu/](http://www.earthday.gatech.edu/).

#### Opportunities

1. Plant a tree (or flower, or shrub, or plant). On Saturday, April 24, from 8:00 a.m. to 2:00 p.m., the Guild of Zoo Atlanta will hold a plant sale, offering na-

tive plant varieties and drought-resistant species selected by zoo horticulture experts. Horticulturists will be on hand to answer questions, give advice, and offer suggestions on planting in Georgia. The sale will take place inside the Conservation Education Gate, adjacent to the Conservation Action Resource Center (ARC) and the Cherokee Avenue parking lot.

2. Climb a tree. On Sunday, April 18, from 2:00 p.m. to 5:00 p.m., join Tree Climbers International for their Beginner's Climb at Blackburn Park (weather permitting). You'll learn how the climbing system works, how to tie a safety knot, and how to safely descend. You will love the "Peter Pan" effect of floating on air while suspended from a rope! Reservations are not required, but TCI asks to be notified of groups of six or more. Blackburn Park is located at 3530 Ashford-Dunwoody Road. Cost is \$20 per climber. Visit [www.treeclimbing.com](http://www.treeclimbing.com) for more details.

3. Check out *Nature Unleashed: Inside Natural Disasters* at Fernbank. Discover the science behind the forces that make the Earth shake, rattle, and roll. Learn how—on a planet fueled by heat—tornadoes, hurricanes, volcanoes, and earthquakes are simply signs that the engine is

running. Whether they're disasters or not depends on the choices we make. *Nature Unleashed* examines how we can prepare for, and potentially minimize, the impact of nature's fury. Admission is included with museum admission and is free for members. Add the large-format film *Forces of Nature* to your visit for an additional charge.

Purchase tickets in advance online or by calling (404) 929-6400.

4. Recycle your electronics responsibly. On Saturday, April 17, from 8:00 a.m. to 4:00 p.m.—and every third Saturday of the month—bring your electronics to be recycled to the Grady High School parking lot (on 8th Street between Charles Allen Drive and Monroe Drive). For more information, go to [www.keeptatlantabeautiful.org/programs/e-scrap.asp](http://www.keeptatlantabeautiful.org/programs/e-scrap.asp).

#### Ongoing

1. Set up a rain barrel. Take advantage of all the rainfall we've been experiencing—and take water conservation seriously—by setting up a rain barrel to harvest rainwater. It's one of the simplest improvements you can make to green your home, and harvested rainwater can be used in so many ways, such as watering landscaping and backyard gardens. The City of Atlanta Department of Water Management offers a step-by-step tutorial on setting up a rain harvesting system at [www.atlantawatershed.org/rainbarrel/](http://www.atlantawatershed.org/rainbarrel/).

2. Start composting. It's smart and it's easy. Instead of sending your useful waste to the landfill, compost it and repurpose it as a garden or landscape additive. To learn more about composting in Georgia, check out Atlanta Recycles at [www.atlantarecycles.com/composting.html](http://www.atlantarecycles.com/composting.html) and Composting at Home in Georgia at [www.dca.state.ga.us/development/EnvironmentalManagement/programs/downloads/Composting.pdf](http://www.dca.state.ga.us/development/EnvironmentalManagement/programs/downloads/Composting.pdf).

3. Turn out the lights. Reduce light pollution and energy waste by turning off outdoor lights when you don't need them, or place motion sensors on essential outdoor lights.

For more information on Earth Day events and environmental activities here and around the world, see the following:

Georgia Recycling Coalition: <http://myecoville.com/us/ga/home>

Keep Atlanta Beautiful: [www.keeptatlantabeautiful.org](http://www.keeptatlantabeautiful.org)

Earth Day Network: [ww2.earthday.net/earthday2010](http://ww2.earthday.net/earthday2010)

Keep America Beautiful: [www.kab.org](http://www.kab.org)

Earth 911: [www.earth911.com](http://www.earth911.com)

—Editor

## Next LCN Meeting

### Thursday April 15

Lake Claire Neighbors meets every third Thursday of the month at the Frazer Center. Social time begins at 6:30 p.m.; the meeting begins at 7:00. Meetings are open to all. Check [www.lakeclaire.org](http://www.lakeclaire.org) for updates to the meeting agenda.

## Mark Your Calendar

**Monday, March 29:** Passover begins

**Saturday, April 3:** 3rd Annual Easter Egg Hunt in Candler Park, 10:00–11:00 a.m. The Easter Bunny will make an appearance for family photos. Presented by the Friends of Candler Park.

**Saturday, April 3:** Dinosaur Egg Hunt, Fernbank Museum, 10 a.m.–1:00 p.m. The event features three age-appropriate egg hunts (ages 3–5, 6–8, and 9–12), music, games, prizes, and more. A special toddler area will be available from 10:00 to noon. Cost included with museum admission; free for members. Egg hunts will be cancelled in the event of rain. Get tickets and more information at [fernbankmuseum.org](http://fernbankmuseum.org) or by calling (404) 929-6400.

**Sunday, April 4:** Easter

## Lake Claire Officers for 2010

President: Glenn Frankel, [president@lakeclaire.org](mailto:president@lakeclaire.org)  
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**Lake Claire Neighbors, P.O. Box 5942, Atlanta, GA 31107**

Visit [www.lakeclaire.org](http://www.lakeclaire.org) to sign up for the newscasts—timely updates on happenings in Lake Claire!

## Newsletter Staff

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acrylic; jewelry; pottery; photography; and new and vintage textile art. The Home and Garden Tour coincides with the market; tickets available online at [www.druidhills.org/tour/index.htm](http://www.druidhills.org/tour/index.htm); by mail at Druid Hills Tour, P.O. Box 363, Decatur, GA 30031-0363; and at various ticket outlets (see website for details).

**Friday, April 16–Sunday, April 18:** Atlanta Dogwood Festival, Piedmont Park. Friday, noon–9:00 p.m.; Saturday, 10:00 a.m.–9:00 p.m.; Sunday, 10:00 a.m.–5:00 p.m. Features artist market, music, kids' activities, and a 50th anniversary screening of Alfred Hitchcock's *Psycho* on the meadow, on Saturday at 9:00 p.m. For more information: [www.dogwood.org](http://www.dogwood.org).

**Saturday, April 17–Sunday, April 18:** Sweetwater 420 Fest, Candler Park. Saturday, noon–10:00 p.m.; Sunday, 12:30–8:00 p.m. Cost is \$5 for a wristband; free to nondrinkers. Features food and beer, music, kids' activities, and education on Earth stewardship. The 420 5K Run/Walk will take place on Saturday at 11:00 a.m. and go through Candler Park. Registration is \$25. Proceeds benefit Candler Park Neighborhood Organization.

**Thursday, April 22:** Earth Day

**Thursday, April 22:** NPU-N meeting, 7:00 p.m., Little Five Points Community Center, 1083 Austin Ave. NE.

**Friday, April 23:** April Fool's Tree Hugger's Talent Show, Epworth United Methodist Church, 1561 McLendon Avenue, 6:00–8:00 p.m. This fund-raiser benefits the effort to save the Gordon/DeKalb Avenue greenspace. The event is for all ages and is an opportunity for neighbors to perform their talents for a good cause. All levels of talent are welcome. To schedule a slot, or for more information, contact Teri Stewart at (404) 373-7672 or (404) 370-1003.

**Saturday, April 24–Sunday, April 25:** Inman Park Fest. Saturday, 11:00 a.m.–8:30 p.m.; Sunday, 11:00 a.m.–7:00 p.m. Features a self-conducted tour of homes (noon–6:00 p.m. both days), bands and entertainment, a dance festival, an arts and

crafts show and street market, and the infamous parade (2:00 on Saturday).

**Saturday, May 1:** 20th Annual Atlanta Humane Society Pet Parade 2010, Piedmont Park, 9:00 a.m.–noon. Walk with your pet(s) and other animal lovers to help end pet homelessness and overpopulation. Route is just over a mile through the park. Parade is followed by a pet festival with adoptable animals, vendors, games, contests, and booth displays by local rescue organizations. Visit [www.atlantapetparade.org](http://www.atlantapetparade.org) for details on how to register or for more information.

## DID YOU KNOW?

Georgia throws away 2.6 million tons of cans, bottles, and newspapers each year that could be recycled and sold. (AtlantaRecycles.com)

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## News from the Land Trust and the Hearth

On Saturday, April 3, the Lake Claire Community Land Trust will offer a workshop on growing shiitakes and other edible mushrooms with mad mycologist Isaac McGinniss. You will learn how to inoculate a log section and maintain it under optimal conditions for plentiful mushroom harvests. You will take home one inoculated log, which should begin producing (“fruiting”) within a year. Bring an electric drill, if you have one; everything else will be provided (except lunch). The cost is \$50. To register or inquire: info@LCCLT.org.

On the same day, the Land Trust’s neighbor and sister organization, the Hearth (formerly Amata Community), will be hosting “In Land We Trust,”

a funk party, from 2:00 to 8:00 p.m. Check the website at www.hearthatlanta.com for more info. On April 15, come on over for their vegetarian neighborhood dinner, held on the 15th of every month for \$3 a plate.

“Keep the Trust” volunteer workdays for April are the first and third Sundays, April 4 and 18.

Next month, on May 8, “Loving the eARTH” will be the theme of a celebration at the Land Trust cosponsored by Eyedrum Gallery and WonderRoot. Visual artists are invited to exhibit paintings, photographs, sculptures, etc., that celebrate the eARTH. Musicians, jugglers, clowns, poets, performance artists, and dramatists are also welcome to perform. Guerilla theater is encouraged. Food and beverages will be available. Interested artists, contact clairmont68@yahoo.com.

As always, later that month the Land Trust will be hosting its annual Memorial Day fundraiser. Mark your calendar and start saving your cast-off goodies for the street sale.

May will also be a big month at the Hearth. On May 21–22, the neighborhood is invited to “Freedom Fest.” More will be revealed in next month’s *Clarion*. Starting May 26, the Soulshine Summer Camp is open from 8:00 a.m. to 6:00 p.m. Monday–Friday, with weekly field trips to Fernbank Museum, the Wren’s Nest, Centennial Park, Imagine It! The Children’s Museum, a Braves game, and more. The cost is \$230 a week full-time, \$170 a week part-time (financial aid available). More info: www.makeyoursoulshine.com.

To learn more or join the Land Trust listserv, visit us at www.LCCLT.org.

## The Lake Claire Land Trust: A Visitor’s View

I learned of the Lake Claire Land Trust when I heard about the drum circle held on every first and third Saturday of the month. When attending the drum circle, I felt a part of a community eager to direct its energies toward common goals and environmental objectives. What stood out to me about the Lake Claire community was the group-oriented mind-set and openness to participation. I began to wonder how the Land Trust came to be.

I found that the essential ingredients in the Land Trust’s continued success are an open-minded atmosphere that advocates creative communication and collaboration toward community advancement; a community board that meets biweekly; volunteer play dates held to cultivate the land on the Sundays after drum circles; many opportunities for people to develop connections, such as potlucks, weekly dinners, and sewing circles; and overall intention directed toward building community, developing circular processes, and educating others to do the same. A key component of the success of this Trust is the democratically elected board that functions to organize ideas into goals, produce a cohesive plan for implementation, and allocate resources toward accomplishing agreed-upon goals. One such goal that was recently completed is a solar-powered water pump that moves water from a well to a holding tank at the highest point on the Trust, allowing gravity to create pressure for the garden hoses.

Part of what makes the Land Trust unique is the way it lives and grows in harmony with nature. This can be seen when

volunteers take care not to disrupt root structures when they set out to build a new structure; when they strategically place tree limbs to contain runoff on the pathways of the Trust; and when they reuse large slabs of concrete, once refuse of the City of Atlanta, as benches and as a means of holding in gardens. By volunteering at the Trust, I became tuned into the interweaving of natural processes with the flow of community life.

If you want to get involved, as I did, attend a drum circle on the first or third Saturday of the month in the spring and summer, and be sure to thank everyone who provided such a picturesque gathering for greater Atlanta by donating to the effort. If you would like to actively contribute, come back on Sunday

in the afternoon and bring your water, gloves, and open heart for the volunteer play date. You can learn from the Lake Claire Land Trust as it serves as a model for environmentally sustainable living in an urban environment. The Lake Claire community has a wealth of knowledge and enthusiasm for individuals or families interested in cultivating a land trust in their own community. Thank you, Lake Claire!

—Stephen Holsenbeck

*Stephen Holsenbeck is a small-business owner and inventor working toward his Georgia license for Massage and Bodywork Therapy. He is living in and remodeling a home in Augusta, Georgia. Stephen became involved with the Lake Claire Land Trust in 2008.*

## NPU News You Can Use

City of Atlanta Recycling provided a flyer at the March NPU meeting to remind residents of what can and can’t be recycled in curbside bins:

**What can be recycled at the curb:**

- All paper products
- Shredded paper in a clear plastic bag
- All glass bottles and jars (rinsed)
- Aluminum cans (rinsed)
- Steel (tin) food and aerosol cans

- All plastic food containers and bottles stamped with a number 1, 2, 3, 4, 5, 6, or 7 inside the chasing arrows (rinsed)

- Cardboard, broken down or cut to fit the bin (keep dry)

- \*\*Plastic caps are recyclable, but their small size makes them hard to capture in the processing system, so the best thing to do is screw them tightly onto the bottle so they make it into the recycling system.

**What cannot be recycled at the curb:**

- Food-contaminated boxes or paper, such as pizza boxes, paper towels, and napkins
- Wax-coated cartons
- Glass plates, cups, or windows
- Foil or aluminum trays and plates
- Metal hangers or wire
- Plastic bags
- Hoses, pipes, polystyrene
- Furniture
- Styrofoam
- Wood or building materials

All recyclables can be placed together in the bin and will be separated at the processing facility. To see an animated short that shows what happens to recyclables collected in a single stream system such as Atlanta’s, go to [www.recyclebank.com/recycling/the-cycle](http://www.recyclebank.com/recycling/the-cycle). Residents with questions or concerns may contact the city recycling desk at [mharrington@atlantaga.gov](mailto:mharrington@atlantaga.gov).



## Bicycle-Sharing System Coming to Emory

When I was in the Netherlands in the 1980s, I was impressed by the “bike library” they had called the “White Bicycle Plan.” You could ride any of the white bikes found in a public place to another public place and leave it for another person. The program was started there in the 1960s and is still active in some parts of the Netherlands, but because of theft, it is mostly limited to public parks and places where bikes can be monitored more closely. In the spring of 2009, Montreal launched a bike-share program to encourage people to use the city’s well-established system of bike paths. Several cities in other countries have bike-sharing programs, including Paris and Copenhagen, but theft of bikes or parts remains the main obstacle.

North America has been slower to embrace bike-sharing systems compared to Europe, but on March 9, Bike Emory announced a new partnership with Georgia Tech and the Ford Foundation to develop a system. Over the previous year, Bike Emory worked with a team of Georgia Tech engineering students to develop a (first of its kind) automated bike-sharing system for Emory. The Ford Foundation, in its Community Challenge program, awarded \$50,000 to the Tech team to support the development and implementation of the system. The first fleet of eleven bicycles will be launched on Emory’s campus this summer.

Some of the features of the bike-share system are:

A cellular-based locking system that will allow users to lo-



cate bikes and check them in and out with their mobile phones.

Applications for users and managers to track fossil fuels saved, calories burned, vehicle miles traveled, and more.

Bikes equipped with GPS and wireless communications to automate administrative functions. The bicycles will transmit the location of each bicycle in real time, communicate maintenance needs, and send unauthorized-use alerts.

Unlike with all other systems, fixed automated bike-share kiosks are no longer needed. Program operators have unlimited flexibility with locating the bikes wherever their usage will be the highest. The electrical components of the bikes are pedal powered. Dynamo hubs are used to generate electricity, meaning

no electricity is required to keep the system running. Each bike will come equipped with internal shifting hubs, headlights, and taillights. Future plans call for fleets at Georgia Tech and in neighborhoods between the campuses that will integrate with Emory’s system and will create a continuous corridor of bicycle transit.

According to Jamie Smith, director of Bike Emory, “It is our vision that this system will be the vehicle, literally, that will change the way students, staff, and visitors move about Emory. This new system, combined with cycling road infrastructure improvements already in progress and planned for our area, will transform the Emory area into a premier place to travel by bike in Georgia.”

—Beth Damon

## Did you know?

Georgia has one of the strongest infrastructures for using recyclables in the United States—much of what we recycle in Atlanta can be used by Georgia businesses, creating jobs and supporting the economy. (City of Atlanta Recycling)



Sarah Hosford, MD and Maria Goenaga, WHNP

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The *Clarion* is searching for a volunteer layout designer.

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Contact Tish Ganey for details at [layout@lakeclaire.org](mailto:layout@lakeclaire.org)



# You Run, We Ski, Three Cheers for ING!



More than forty Lake Clairians stopped by the cheering zone along South Ponce in Olmsted Park at 7:30 a.m. on Sunday, March 21, to cheer on the runners in the ING Marathon. Headed up by Leonardo resident Lisa Waugh, the cheering section committee painted tons of signs—including an oversized reproduction of the Lake Claire banner—and neighbors came out in various skiing-themed gear to shout encouragements, wave orange pom-poms (courtesy of Sarah Wynn), and shake cowbells. Although we didn't win, we had a great time, and the runners appreciated the support.



## Paideia Is Green

### Beyond Bricks & Sticks

The Paideia School's junior high building is one of twenty buildings featured in a Museum of Design Atlanta (MODA) exhibit on examples of sustainable buildings in Atlanta. The exhibit, *Atlanta: Beyond Bricks & Sticks*, currently at the Cobb Galleria Centre, will move to different facilities in the metro

area throughout 2010. It highlights how green design is changing the places in which we live, work, learn, and play. Exhibit components include an interactive Atlanta Green Map, a "What Is Your Carbon Footprint?" quiz, video interviews, and many other features that explain and celebrate "green" living.

Curation of the exhibition includes a broad spectrum of buildings reflective of the metro ar-

ea's commercial and residential projects, along with large-scale developments that incorporate environmental features. All of the exhibit's projects meet either the U.S. Green Building Council's LEED (Leadership in Energy and Environmental Design) rating system or the Southeast's EarthCraft House certification program. The Paideia School is also a recipient of a Grants to Green award from the Community Foundation for Greater Atlanta. Paideia is using the grant to assess energy use in the high school building.

Traveling schedule for *Atlanta: Beyond Bricks & Sticks*:

Cobb Galleria Centre  
March 1–April 12  
2 Galleria Parkway, Atlanta, GA 30339

Atlanta Dogwood Festival  
April 16–18  
Piedmont Park, Atlanta, GA 30309

Atlanta City Hall  
April 20–May 5  
55 Trinity Avenue, Atlanta, GA 30303

—Beth Damon

## Visiting the Deer

Going up to visit the long view at the top of the hill today I have traveled the deer-trails: bending to duck under where the deer duck under branches, leaping where the deer leap dry ravines, coming at last into open sky: gazing down where the deer gaze down on human hospitalities with wild shy suspicion--

When I caught my breath I looked down and saw only the houses of my neighbors, the loop of road. Going back I travelled as usual down the track of tires in the dirt.

—Stephen Wing

*Stephen Wing is the author of Free Ralph! An Evolutionary Fable, a comic novel with an environmental theme, available at Donna Van Gogh's or at www.WindEaglePress.com.*

## Volunteers Needed for the 7th Annual Day of Beauty

Last year, I was privileged to participate in the Day of Beauty, an amazing event that celebrates the beauty and value of disabled teens and their teachers. Gloria Owczarski, a Special Olympics swim coach and big sister to a Special Olympics swimmer, started the event seven years ago. Besides being greatly in-



Ruby the Clown and a friend at a past event.

spired to be more conscious of the disabled among us, who tend to be invisible and left out, I met some wonderful people, like Gloria, who help us remember our less-served brothers and sisters with caring and compassion.

The 2010 event will take place on Monday, May 3, from 10:00 a.m. to 1:00 p.m., at the Paul Mitchell School-Atlanta (887 W. Marietta Street, at the King Plow Arts Center). Students and teachers at high schools in the DeKalb County school system with Special Needs programs are invited to come for a broad range of beauty and pampering services, including manicures, facial waxing, highlights, haircuts, chair massages, updos, and makeovers. All services are free of charge and donated by local talent from various Atlanta salons. The kids go back to school feeling like a million dollars, and so do their teachers.

The event requires a huge amount of planning and a great number of volunteers. In addition to volunteers to perform



Gloria, her sister Kim, and fellow Special Olympics swimmer Jenna.

the services, Gloria is in need of beverages and breakfast, lunch, snack, and dessert items for the participants; plastic cutlery and paper goods; decorations; goody bag items, such as coupons for local businesses, gift cards, sample items, and toys; and door prizes, such as a gift certificate or goody basket. Lake Claire's own Reu-

ben Haller has performed as Ruby the Clown at past Days of Beauty.

For more information about the event or on donating products/services for this year's Day of Beauty, visit [www.mydayofbeauty.net](http://www.mydayofbeauty.net) or email Gloria at [gloria@mydayofbeauty.net](mailto:gloria@mydayofbeauty.net).

—Gay Arneri

## Oh Baby! Fitness Offers Free Classes for Mother's Day

Oh Baby! Fitness, Atlanta's only prenatal and postnatal fitness experience, is giving the gift of fitness this Mother's Day with free classes on May 8 and 9. "Helping moms exercise safely in the company of fellow moms during pregnancy and after giving birth is what Oh Baby! Fitness is all about," says Clare Schexnyder, an Atlanta mom and owner and cofounder of Oh Baby! Fitness. Any mom or mom-to-be who wants to exercise with other moms or her baby can attend classes free of charge that weekend.

Oh Baby! Fitness classes provide new and expectant moms with a place to find support, make friends, get fit, and bond with their babies. More than ten fitness class varieties, offered at twenty locations across metro Atlanta, are designed to take moms from pregnancy through birth—and then into the toddler years with their child. Pregnancy and Mom & Baby Exercise classes include Toning, Yoga, Pilates, Water Aerobics, and Stroller Workout. Oh Baby! Fitness programs have created an Atlanta community of more than 7,000 moms and moms-to-be, plus 2,000 babies.

The free Mother's Day weekend classes will be posted to the Oh Baby! website on April 15. To register for a free class on May 8 or 9 at available Atlanta locations of Oh Baby! Fitness,

visit [www.ohbabyfitness.com](http://www.ohbabyfitness.com). To view a list of class locations, visit [www.ohbabyfitness.com/locations/](http://www.ohbabyfitness.com/locations/). A complete class list is available at [www.ohbabyfitness.com/classlist/](http://www.ohbabyfitness.com/classlist/).

Reservations are required to secure a free class spot. Class sizes are limited and available on a first-come, first-serve basis. Each person is invited to one free class. After selecting your preferred class on May 8 or 9, enter "gift certificate" when prompted for "payment option."

—From a press release



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## Safety Report

### February 2010–March 2010 Auto Theft

Sat 2/20 (1:00 a.m.–9:00 a.m.)—  
600 block Prescott Walk NE

1987 Buick Century  
Someone stole victim's vehicle from in front of her apartment. Vehicle not shown to be impounded; placed on system as stolen.

### Entering Auto

Sun 2/14 (7:15–8:15 p.m.)—  
1600 block McLendon Ave. NE, parking lot

2005 Audi A6  
Someone broke rear passenger side window. Taken: Briefcase with checkbook. Prints not attempted at victim's request.

### Burglary

Tues 2/16 (4:00 p.m.)–Fri 2/19 (1:41 p.m.)—Flying Biscuit Cafe

Manager of location advised that his security cameras showed 4 B/M suspects taking meat from the back door of the location during business hours. Incident occurred on 2/16; not reported until 2/19. Taken: \$600 worth of meat. Suspects: 4 unknown B/M.

### Other Larceny

Wed 3/3 (12:00 p.m.)–Fri 3/5 (2:30 p.m.)—255 Southerland Ter. NE

Victim advised that several outside A/C units were stolen from location. Video surveillance may possibly be obtained from a private residence next to location. Taken: 6 outdoor A/C units. Suspect: None. Prints not attempted.

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We're in the neighborhood!

## Lake Claire Neighbors Meeting: March Minutes

March 18, 2010

Led by Glenn Frankel, LCN president.

Attended by 19 neighbors (4 LCN officers) and 2 guests.

Glenn Frankel passed around the agenda and opened the meeting at approximately 7:00 p.m. by asking the gathered to give introductions.

Melissa Pressman was invited to make her announcement, which was not on the agenda. She came to the meeting to discuss neighborhood projects, specifically creating a dog park at Lake Claire Park. She wondered if it would be possible to convert a small part of the park where the terrain isn't fit for human use into a fenced dog run. Glenn suggested that she find out about the success of other small dog parks; Cara Stevens mentioned the dog park in Oakhurst. The group discussed the exact area of the park owned by Lake Claire. Glenn closed the discussion by asking Melissa to meet with members of the neighborhood executive committee to discuss options in more detail.

VP of Safety Jen Horn could not attend the meeting, so Glenn gave an update on the Lake Claire Security Patrol. He said it had enough funding to run through August, and the push for funds would continue. He added that they are also looking into ways to make participation more accessible financially for neighbors. Gay Arneri suggested options, such as prorating the membership fee and creating a pay scale.

Cara Stevens, LCN treasurer, gave her report of the neighborhood finances. The neighborhood has \$4,650 in its checking account and \$4,000 in savings. She encouraged all present to pay their dues. Melissa asked how she could find out when she last paid her dues. Cara said the neighborhood asks people to pay at the beginning of the year so it's easier to keep track, but she is also noting when dues

come in, so people can contact her at treasurer@lakeclaire.org if they aren't sure when their year is up.

Glenn reminded people of the Lake Claire cheering section for the ING Georgia Marathon on the coming Sunday, March 21, and asked people to come out and cheer. He explained that we could earn up to \$3,000 if we won, to be used for a fitness initiative of our choosing—at this time, the plan is to hold a park-to-park run in the neighborhood. He gave the details of the cheering section: only six sections would be competing, the neighborhood's theme was "Ski Lake Claire!", and the goal was to get runners to remember us. Candler Park won the neighborhood challenge last year. He ended the discussion by talking about how people could get to the cheering zone on Sunday morning.

In a related conversation, Glenn asked those gathered to brainstorm on ideas for a park-to-park run in Lake Claire. We could run for the homeless and give the money raised to Clifton Sanctuary Ministries. Kathy Evans mentioned that if we won the cheering competition, we could use the money to clear a trail into Lake Claire Park from Marlbrook, and that Marlbrook neighbors had suggested "Lula Run" for the name, since Marlbrook used to be called Lula. It was discussed that the race would have to be short, because the challenge with a 5K or more is hiring the required officers to be stationed at intersections. The proposed race would have to be short, but tough.

Glenn next went through the event calendar and asked for feedback on dates. A general time frame of late August was thrown out for the annual yard sale, which was held later last year, on September 29. It was suggested that we find out when Druid Hills will have its annual sale, although we decided it was not necessary to hold ours at the same time this year. The Halloween parade was discussed, and a date of Saturday, October 30, was suggested. The holiday party will be held on Thursday, De-



cember 9; Dan White asked if we could return to having neighbors bring food to share, and LCN would provide the entrée. Gay Arneri asked if we were planning an Earth Day party; it was decided it was too late to plan one, and Heidi Hill offered to contact the Land Trust to see if they are planning an event that we could participate in.

Next on the agenda, Teri Stewart requested a vote of those present for a letter of support from Lake Claire for the neighborhood's efforts to protect the greenspace on DeKalb Avenue at Gordon Avenue. She also announced that there would be a fund-raiser talent show in April for the greenspace efforts, and she would be giving a presentation on the Gordon family in May at the DeKalb Historical Society. A discussion of the letter of intent ensued. There was some question about the process of voting on the letter; some present were under the impression that the letter would be discussed at the present meeting and then voted on at the April meeting. Teri asked that the required discussion take place so the vote would not be delayed further, as many people had attended the meeting in order to vote. Kathy Evans talked about Lake Claire's involvement in the space in question. Teri said that the Granmaw Gordon activists wanted to pursue a land swap with the city, in which it would give the developer of the land in question a half acre of concrete somewhere for the development of condos, and give Lake Claire the greenspace as a showcase. Gay Arneri spoke in support of a letter for the greenspace, saying that it shows how we as a neighborhood don't agree with how the case is being handled by the city. Dan White offered that it was a bad precedent to vote on something you don't have in front of you. Glenn suggested we vote on whether or not to draft a letter. Teri said she would work with

Meeting continued on page 11

## Enter Photo Contest to Win State Park Membership

The Historic Preservation Division (HPD), in cooperation with Georgia State Parks & Historic Sites Division, has announced a photo contest to win one of two Family Memberships in the Friends of Georgia State Parks and Historic Sites. Membership benefits include two annual Park Passes. A separate prize is available for two categories: Ages 12 & under and 13+. Winning photos will also be featured in a promotional poster. All submissions will be uploaded to our new Flickr page at [www.flickr.com/gashpo/](http://www.flickr.com/gashpo/). Submitted photos must be taken at any of Georgia's State Historic Sites. Photos must not contain people. Photos must be 1600x1200 pixels at 300 ppi (pixels per inch) or larger. Georgia's State Historic Sites are located throughout the state and include a variety of historic and archaeological resources. Visit [www.gastateparks.org/historic/](http://www.gastateparks.org/historic/) for a complete list. Submit your photos via email to [georgiashpo@yahoo.com](mailto:georgiashpo@yahoo.com). Submissions must be received by April 30, with the winners to be announced during National Historic Preservation Month in May. Limit one submission per photographer. Along with the photograph, please provide the following information: photographer, age group (12 & under or 13+), and hometown, and photo location and description. By submitting your photograph, you are agreeing to the terms & conditions listed on our website. After the end of the contest, the top photographs will be chosen by our panel of experts. To keep track of the contest, visit our Flickr page, web site (<http://www.gashpo.org/>), or stay tuned to our newsletter.

—From the Preservation Georgia Online e-newsletter

Meeting continued from page 10

anyone to make sure the wording was acceptable to all parties. Kathy asked for clarification on what we were agreeing to. Teri said it was a letter of support for the neighborhood's efforts to protect the greenspace on DeKalb Avenue. It was discussed whether or not the space was technically a "greenspace." Gay suggested talking about the space by its address, "aka, the DeKalb Avenue Greenspace," to clear up any confusion. Teri added that she had given a packet of information, containing various documents and letters of support, to Kathy to give to Glenn for the neighborhood's use. A vote was taken to determine if a letter would be drafted: 14 were in favor, 1 was opposed, and 1 abstained. Glenn said he would look over Teri's packet and talk with Teri to draft a letter. Teri requested that it be recorded in the meeting minutes that a first draft of the letter would be presented at the next meeting, and any objections would be addressed at that time. Iris Hale added that the letter could be a generic letter of support and could address the fact that people have differing opinions on the matter.

Last on the agenda, Glenn confirmed that the volunteer guidelines drafted by Beth Damon and accepted at last month's meeting would be posted to [www.lakeclaire.org](http://www.lakeclaire.org).

Glenn opened the floor to announcements not on the agenda.

A neighbor who lives at Marlbrook and Ridgewood brought up his concern about the change in the MARTA bus route, which now allows entrance only through the back entrance of the Frazer Center, on Ridgewood. He ex-

plained that the buses block his driveway, that drivers leave their buses running along Ridgewood while taking breaks outside, and that they drive too fast down Marlbrook. He was curious about how the change was made; did the neighborhood association have a say? He said the traffic is very heavy now with the buses and with cars dropping off kids for school. He has talked with the property owner of the Frazer Center a number of times about the buses. Options were discussed: stop signs to slow traffic, speed bumps, staggering routes so not all buses would arrive at the same time, not allowing drivers to stop along Ridgewood for breaks. Glenn said that MARTA had not talked to the neighborhood association. He asked the neighbor to contact Valencia



Hudson, the public safety liaison for councilmember Natalyn Archibong, and to copy him on the correspondence.

Tom Stubbs and Jason Carter, who have been campaigning for the soon-to-be-vacant seat in the State Senate held by David Adelman (whose nomination to serve as ambassador to the Republic of Singapore was confirmed on

safety. Carter spoke about the importance of the special election for Georgia and why we need a new plan for the state. He talked about jobs, education, transportation, and water, and an emphasis on community. Glenn thanked the candidates for visiting.

The meeting ended at approximately 8:15 p.m.

—Minutes taken by Heidi Hill



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## Welcome, New Neighbors!

Lake Claire welcomed a number of new babies in February and March. Here are four of our newest neighbors.



*Noah Kavi Cohen-Frankel was born Valentine's Day, February 14, weighing 5 pounds 8 ounces, 19 inches long, and with a full head of blond hair. He is happy at home on Harold Avenue with dads Adam and Glenn and big sister Lucy.*



*Mary McNeill Veazey, who goes by McNeill, was born February 20 and welcomed by mom Emily, dad Marcus, and big sister Marjorie, of Leonardo Avenue.*



*Lucinda Elise Werner, new arrival to the Werner family—Chad, Priscilla, and big brother George—was born on March 24. All are settling in at home on Indiana Avenue.*



*Corey and John Massey, of Palifox Drive, welcomed their first child, daughter Caroline Harper Massey, on March 3.*

### Business Classifieds

*Business classified ads are ONLY \$3 per line prepaid! For more info contact [newsletter@lakeclaire.org](mailto:newsletter@lakeclaire.org)*

**Need Help Getting Into Shape?** Experience Fun Fitness Personal Training in the privacy of your home. Ditch gym fees and travel time. Surprisingly affordable. Results-producing programs designed to meet your individual goals, fitness level and interests. Learn safe and effective routines with the education needed to transform your body. LC Special: Receive a Complimentary Fitness Assessment through April 30. A \$75 value. Visit [www.funfitnessonline.com](http://www.funfitnessonline.com) or contact Jaye Crawford at 404-378-5775 for appointment. Serving Lake Claire since 1999.

**NEIGHBORHOOD CAMP!** Laughing Dragon Summer Camp, a small neighborhood camp, Ages 5-16, 5 sessions, June 1-July 2, \$175. per week, \$35. for a day. We do Sword Play and Circus Arts. We're near Candler Park 404-373-0585. [info@LDswords.com](mailto:info@LDswords.com).

**SUMMER FIBER AND FUN** and Art Trekker Camp Opportunities for girls 8-12 at Felted Heart Studio in June in the Old Fourth Ward. Go to [www.feltedheart.com](http://www.feltedheart.com) and click on Workshops for details. Go to [www.creativesewingatlanta.blogspot.com](http://www.creativesewingatlanta.blogspot.com) to see photos from last year's camp! ELECTRICAL, carpentry and various home repairs. \$20/hour. Also available for yard work and odd jobs. Jakob Franklin 404-863-7657.

**GUITAR LESSONS** Beginners to advanced players, technique, theory, and composition. Convenient Lake Claire location, 30-years experience. Weekly or monthly schedules. Discounted hourly rate for neighbors. Bruce Burney, 522 Lakeshore Drive, NE, 404-295-9760; [burneyfam@mindspring.com](mailto:burneyfam@mindspring.com).

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