

LCN Holiday Dinner - December 11, 2008













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THE CLARION IS PRINTED
ON RECYCLED PAPER.

Lean, Mean and Green

I think I found it – the ultimate water-saving tool for bathing. I found it at Home Depot and it's called simply "Power Sprayer". It operates identically to a kitchen sink sprayer, spraying only when you depress



the lever. It concentrates the pressure so much that when used while normal water valve and pressure is used, the spray coming out of the sprayer is almost uncomfortably strong. It gives a very robust spray when hot and cold water flow is minimal. Since it only sprays when you actively press the lever it uses only a fraction of the usual even conservative amount of water. I get a complete bath with hair washing for just a few gallons of water and one-handed operation. It's amazing.

The installation is simple and attaches to the present showerhead. It's cheap, too, at around \$14. Check it out.

Hello, Friends of Lake Claire Park,

It is official....the lot on Marlbrook is now part of Lake Claire Park. The deal is signed, sealed, and delivered. Check out the new green-space on your next stroll through Lake Claire Park. Thanks, Judy Hammack

Clarion Distribution Notes

...BIG thanks to Troy Nielsen for guiding the delivery of The Clarion over the past two years. Rose Goff steps in now as Distribution Coordinator. Welcome to the team, Rose!

Historic preservation plan essay contest

For high school students

The American Planning Association is sponsoring a historic preservation plan essay contest. The goal is to encourage high school juniors or seniors to address planning issues facing their communities. The contest deadline is January 15, 2009. Two winners will receive \$5,000 scholarships and will be invited to attend an APA national planning conference. Ten honorable mention contestants will receive \$100 gift certificates to APA's PlanningBooks.com. More information about the contest is available at www.planning.org/essay.



Island Burial Site sheds light on prehistoric Indian culture

The recent excavation of a prehistoric American Indian burial site on Ossabaw Island revealed cremated remains, an unexpected find that offers a glimpse into ancient Indian culture along Georgia's coast.

State archaeologist David Crass of the Georgia Department of Natural Resources said prehistoric cremations were rare, particularly during the early time in which preliminary evidence suggests this one occurred, possibly 1000 B.C. to A.D. 350. The remains also mark the first cremation uncovered on Ossabaw, a state-owned Heritage Preserve about 20 miles south of Savannah.

"This interment broadens our knowledge about ... the kinds of belief (involving) death within the Woodland Period," Crass said. "This is not something we have seen before on Ossabaw Island. Similar cremations on St. Catherine's Island may point to this practice being more widespread than we have believed up to now."

Crass said during this time American Indians in Georgia moved to the coast in the winter for shellfish, then inland in the spring for deer hunting and into uplands in the fall for gathering nuts. "This site may have been a winter season camp," he said.

Erosion from natural causes exposed the burial on an Ossabaw bluff earlier this year. Scientists from the DNR Office of the State Archaeologist, the non-profit Lamar Institute and the Georgia Council on American Indian Concerns worked under the council's direction to excavate the roughly 6- by 6-foot pit. As required by state law, Crass informed the council about the situation and organized the excavation at the group's request.

The work on Georgia's third-largest barrier island revealed a cremation pit that had been lined with wood and oyster shells. The body had been placed on top of the wood and the contents of the pit burned. The human remains recovered

were primarily from extremities, indicating that the deceased had been disinterred after cremation, possibly to be reburied elsewhere.

The charcoal will be submitted for carbon 14 dating, but preliminary analysis of the pottery recovered from the pit suggests the cremation may date to the Refuge-Deptford Phases in the Woodland Period, c.a. 1000 B.C. to A.D. 350. A ground-penetrating radar survey showed many prehistoric American Indian features in the general area, Crass said. The bluff apparently had long been a focal point of prehistoric Indian life.

After analysis, the remains will be reinterred in a secure location under the auspices of the Council on American Indian Concerns. Crass expects the carbon 14 dating results and details on the radar survey by early next year.

Continued on page 3



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Next LCN Meeting

Thursday January 15

Lake Claire Neighbors meets every third Thursday of the month at 7 pm. at the Frazer Center. Meetings are open to all. Past months' newsletters and updates to agenda can be found at www.lakeclaire.org.

Indians, continued from page 2

Human history runs deep on Ossabaw. Shell mounds and other artifacts here date to 2000 B.C. More than 230 archaeological sites have been recorded. Spanish records indicate the island probably had an early Guale Indian village, according to The New Georgia Encyclopedia. But long before the first European contact on Ossabaw, possibly through the Spanish in 1568, small pox and other diseases unwittingly introduced by the Spanish in Mexico and South America had swept north, devastating populations of native Americans. Crass said it's not known what Indians were on the island when the cremation pit was used. But because of its discovery thousands of years later, more will be learned.

Access to Ossabaw is limited to approved research projects and hunts managed by the DNR's Georgia Wildlife Resources Division. Details at www.georgiawildlife.com. Information on visiting the island for research and educational purposes is also available from The Ossabaw Island Foundation's Jim Bitler, jim@ossabawisland.org. The Wildlife Resources Division works to protect, conserve, manage and improve Georgia's wildlife and freshwater fishery resources. The division's mission also includes managing and conserving protected wildlife and plants, administering and conducting the mandatory hunter safety program, regulating the possession and sale of wild animals, and administering and enforcing the Georgia Boat Safety Act.

The Historic Preservation Division of the Georgia DNR serves as Georgia's state historic preservation office. The Historic Preservation Division's mission is to promote the preservation and use of historic places for a better Georgia. Programs include archaeology protection and education, environmental review, grants, historic resource surveys, tax incentives, the National Register of Historic Places, community planning and technical assistance. For more information, call (404) 656-2840 or visit www.gashpo.org.

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Lake Claire Safety Report

November-December 2008 (weeks 45-49)

Keep an eye on the crime and the time!

AUTO THEFT

11/15 - 11/16 Sat. Overnight - 400 block Clifton Rd NE.
2002 Orange motorcycle GA Tag CY7IIV.
2005 Red Honda Motorcycle OH Tag 26JZZ.
Someone broke the lock to the victim's gate and stole two motorcycles from his back yard.
11/19 (03:00-10:00) Wed Morning - 600 block Clifton Rd NE.
2003 Green LNDR GA Tag GA19V3.
Victim states someone stole his vehicle.

ENTERING AUTO

12/02 - 12/3 Tues. Overnight - 600 block Clifton Rd NE.
2004 Ford MUS.
Someone damaged the convertible cloth top on the victim's vehicle and removed property. Taken: Book bag, I Pod, Camera, Calculator. Prints attempted.
12/02 - 12/3 Tues. Overnight - 500 block Hardendorf Ave NE.
1991 Acura Legacy.
Someone smashed the driver's side window on the victim's vehicle. Taken: Nothing. Prints at-

tempted.

12/02 - 12/3 Tues. Overnight - 2000 block Howard Cir NE.
2002 BMW X5.
Someone smashed a driver's side window on the victim's vehicle and rummaged through it. Taken: nothing. Prints attempted.
12/02 - 12/3 Tues. Overnight 2100 block McLendon Ave NE.
2007 Dodge Cal.
Someone smashed a driver's side window on the victim's vehicle and removed property. Taken: \$40 cash. No prints taken at owner's request.

12/1 - 12/2 Mon. Overnight 200 block Arizona Ave NE.
2000 ISU.
Someone removed a gun from the victim's unlocked vehicle. Victim did not call when he noticed the theft because he wanted to make sure he didn't leave it at home. Taken: Rossi .38 Revolver. No prints taken.

11/27 - Thurs AM 2000 block McLendon Ave NE.
2000 Volvo.
2005 Toyota SQA.
Someone re-

moved property from the victim's vehicles. Victim states the vehicles may have been left unlocked. Taken: Digital camera, Lap top. Prints attempted.

11/25 - Tues PM 1700 block Adolphus St NE.
1997 Blue Honda CIV.
Victim reports that someone broke the driver's side window and removed property from the vehicle. Taken: Gym bag. Prints attempted.

11/25 - Tues Eve 400 block Ridgewood Rd NE.
2001 Green Nissan SEN.
Victim reports that someone broke the passenger's side window and removed property.

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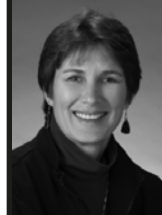
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LC Safety, continued from page 3

Taken: GPS, GPS cord, Cell phone charger. Prints attempted.

11/21 - 11/24 Fri/Mon 3 day time frame - 100 block Arizona Ave NE.

1996 Honda Civ.

Someone removed the license plate from the victim's vehicle. Taken: GA Tag 9033AHM. No prints taken.

11/20 -Thurs Eve 1500 block McLendon Ave NE.

2001 Acura CL.

Someone smashed a window on the victim's vehicle and removed property.

Taken: sunglasses, MP3 player. Prints attempted.

11/20 -11/21 Thurs. Overnight - 1600 block Marlbrook Dr NE.

2001 GMC YUK.

Someone smashed the driver's side's window on the victim's vehicle and removed property. Taken: GPS. Prints attempted.

11/16 - 11/17 Mon Overnight - 200 block Mathews Ave NE.

2000 PONT G6.

Someone smashed a passenger's side window on the victim's vehicle and removed property. Taken: Digital camera. Prints attempted.

11/16 - 11/17 Sun. Overnight 1700 block New York Ave NE.

2001 Volks BUG.

Someone smashed the front passenger's side window on the victim's vehicle and removed property. Taken: GPS. Prints attempted.

11/14 - 11/15 Fri. Overnight - 1300 block McLendon Ave NE.

2007 Toyota PRI.

Someone smashed the front passenger's side window on the victim's vehicle and removed property. Taken: MP3 player. No prints taken due to rain.

11/13 - 11/14 Thurs. Overnight - 1900 block Tuxedo Ave NE.

2002 Jeep LBY.

Officer noticed that someone had smashed a driver's side window on the victim's vehicle. Contact was made with the owner who advised the vehicle had been rummaged through but nothing had been taken. Taken: Nothing. No prints taken due to wet surfaces.

11/13 - 11/14 Thurs. Overnight - 2000 block Tuxedo Ave NE.

2002 Toyota PRI.

Someone smashed a passenger's side window on the victim's vehicle and rummaged through it. Taken: nothing. No prints taken due to wet surfaces.

11/13 - 11/14 Thurs. overnight - 2000 block Tuxedo Ave NE.

2000 Buick LES.

Someone smashed a passenger's side window on the victim's vehicle and rummaged through it. Taken: Noth-

ing. No prints taken due to wet surfaces.

11/13 - 11/14 Thurs. overnight - 2000 block Tuxedo Ave NE.

2004 Honda Civic.

2004 Toyota MTX.

Someone smashed a window on each vehicle and rummaged through them. Taken: nothing. No prints taken due to wet surfaces.

11/13 - 11/1 Thurs. overnight - 2000 block Tuxedo Ave NE.

2006 Dodge CHA.

Someone smashed a passenger's side window on the victim's vehicle and removed property. Taken: Sun glasses. No prints taken due to wet surfaces.

11/12 - 11/13 Wed. overnight - 400 block Clifton RD NE.

1998 Buick CEN.

Someone smashed a passenger's side window on the victim's vehicle. Nothing was taken. Taken: Nothing. No prints taken due to rain.

11/10 - Mon PM - 1500 block McLendon Ave.

2006 Honda Civic.

Someone smashed a driver's side window on the victim's vehicle and removed property. Taken: Purse and contents, \$200 cash. Prints recovered, turned in to ID.

11/6 - Thurs early AM - 400 block Lakeshore Dr NE.

1997 SUBA LEG.

Someone smashed the front passenger's side window of the victim's vehicle and removed property. Taken: Wallet, and contents. Prints attempted.

11/6 - Thurs Day -1400 block McLendon Ave NE.

2003 Chevy TBZ.

Someone smashed a driver's side window on the victim's vehicle

and removed property. Taken: Credit card, Vaio computer, I Pod. Prints attempted.

11/2 - Sun. PM - Lakeshore Dr NE @ McLendon Ave NE.

2007 BMW 328.

Someone smashed the driver's side window on the victim's vehicle and removed property. A witness reported seeing the suspect break into the vehicle and leave in a green Lexus. One of the victim's credit cards was used at Buddy's on North Ave.

Taken: Purse and contents. Suspect: B/M. Suspect vehicle: Green 2002 Lexus with drive out tag. Prints attempted.

10/31 - 11/1 - Fri. overnight - 2000 block Tuxedo Ave NE.

2003 Lexus 300.

Someone smashed the victim's rear passenger's side window and removed property.

Taken: Lap top. Prints attempted.

RESIDENTIAL BURGLARY

11/11- 11/13 Tue/Thurs 2 day time frame -1900 block McLendon Ave NE.

Glass door smashed. Reporting person stated someone smashed a glass side door on the victim's home. The victim was out of town and the officer was not able to determine if anything had been taken. Taken: Unknown. Prints attempted.

11/11 - Tues. PM - 2000 block Tuxedo Ave NE.

Back door kicked in. Victim reports that someone kicked in the rear door and removed property. The items taken were in an upstairs bedroom with the victim's dogs. Taken: 13" flat screen TV, Laptop. Prints attempted.

11/7 - Fri. PM - 1700 block Indiana Ave NE.

Door kicked in. Officers responded to an alarm call. (Rec. 21:28, Disp. 21:28, Arr. 21:34) When they arrived they found that someone had kicked in the victim's back door and located a TV in the neighbor's back yard. A witness reported seeing the suspects around the victim's house when the alarm went off. Taken/Recovered: 46" TV. Suspect: B/M. Prints attempted.

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Size Matters! An Opinion regarding infill development

By Linda Maynard & Beth Damon

"Size Matters!" So says a real estate agent's for-sale sign in front of a house that was torn down and replaced with a McMansion. The original home had rehab potential, but was listed as a tear-down. We wonder if Lake Claire residents view these behemoth utility guzzlers as a facelift to our neighborhood? How about "going green," with housing focused on renovating and expanding existing living spaces? A real estate agent said, "Lake Claire is my new gold mine." Instead of "going green" he is "going for the gold." The supposedly "cutesy" verbiage in the sign "Size Matters!" is a tacky play on words by someone who is contributing to the destruction of our neighborhood, be it our houses, surrounding undeveloped land,

and trees. And this in an era where supporting green, sustainable initiatives has become mainstream.

We view the McMansion as a stark contrast to the character of Lake Claire. If you agree, will you please contact our City Council representatives to voice your opposition to McMansions, with hopes that they will change the building codes to favor quality, not quantity, in new construction. Contact information is below. Size does Matter to many of us. The infill issue is already divisive, and posting such a sign knowing that long-time residents are upset over loss of sunlight, trees, yards, and privacy, serves no purpose.

District 5, Natalyn Mosby Archibong (404) 330-6048

narchibong at atlantaga.gov

District 6, Anne Fauver (404) 330-6049

afauver at atlantaga.gov

Post 2, Mary Norwood (404) 330-6302

mnorwood at atlantaga.gov

Adoption Options

By Sherry Neal, J.D., Neal & Wright LLC

Are you considering adoption as an option for your family? Not sure what type of adoption you want to pursue or even whether adoption is for you? Curious about the potential cost, how long it takes, or how to choose an attorney?

Why do it: Many families consider adoption, and the reasons are as varied as the families themselves! A few common motivations include infertility, the desire to foster and then adopt a child who otherwise would not

have a home, the desire to give a stepparent all the rights of a legal parent, or the desire to provide a home for a young relative whose parents have passed away or are incapable of providing care. Depending on your needs and desires, here are some general tips:

Types of adoption: Georgia offers a variety of adoption options for different families with different rationales, including stepparent adoption, adoption of a U.S. child through a private agency, adoption of a child from another country, foster adoption through the state, relative adoption, and completely independent adoption.

Each type has its own procedure and unique requirements.

Cost: While the costs vary from adoption to adoption depending on the type of adoption, the state and county in which the adoption is filed, and other factors, typical costs include: attorney's fees, court filing fees, home investigation fees, fees for criminal

background checks, costs to provide medical care to the biological mother, travel and lodging costs, costs related to service and notice, and costs for the issuance of a new birth certificate for each child adopted. Depending on the type of adoption, the total can vary from a few thousand dollars to more than \$30,000. There are some resources available for some families who wish to adopt, including the Adoption Tax Credit, federally subsidized adoption assistance benefits for foster children, or employer-provided benefits.

Time: The timing of an adoption also depends on the type of adop-

tion. Relative and stepparent adoptions usually take only a few months while the start-to-finish time for agency or foster adoptions can be several years.

Resources: There are a number of excellent resources for learning more about adoption. A few I recommend are:

Georgia Statewide Adoption Recruitment Line (foster care)

Toll-Free: (877)-210-KIDS

The Dave Thomas Foundation for Adoption (general info)

www.davethomasfoundationforadoption.org

The Evan B. Donaldson Adoption Institute (general info)

Continued on page 8

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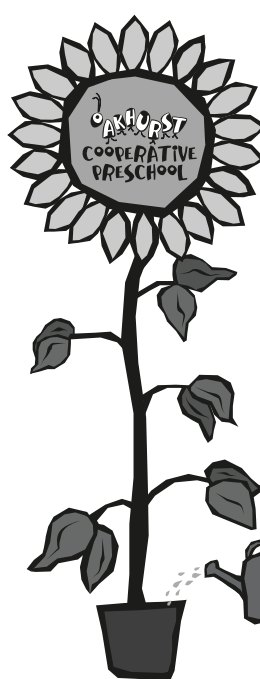
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January 29, 7:00 p.m.

January 31, 9:00 a.m.

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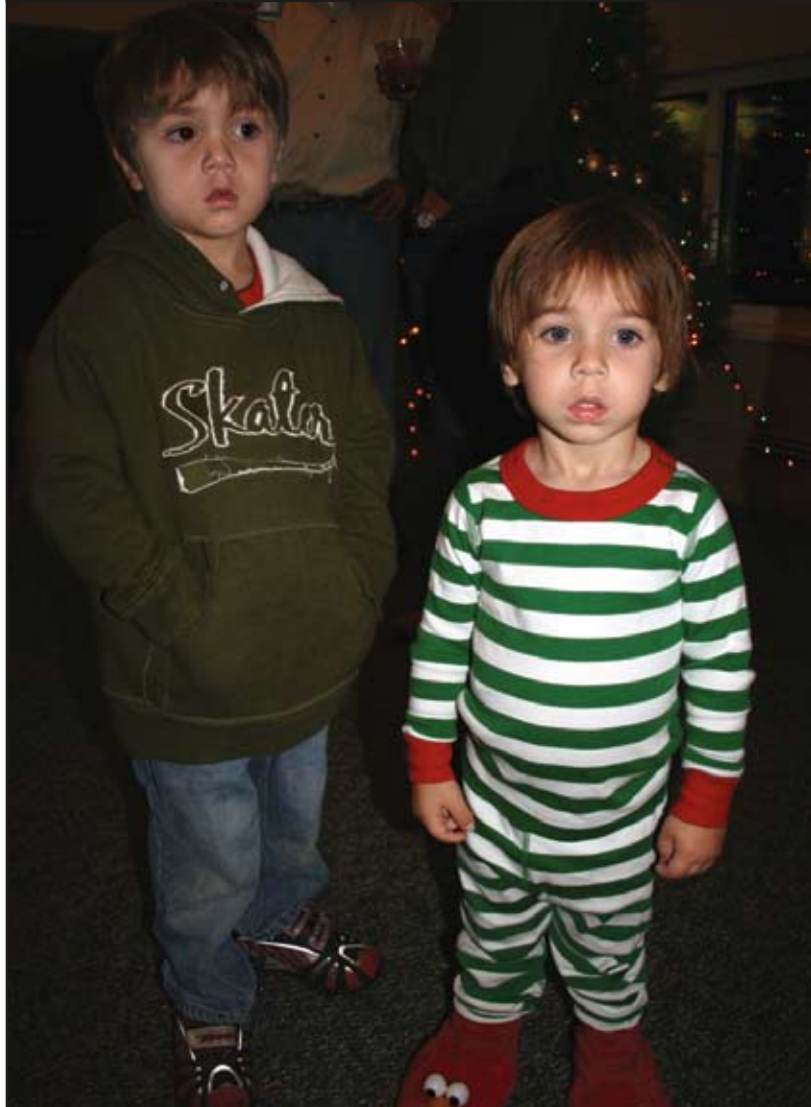
www.oakhurstcoop.com



Lake Claire Neighbors Celebrating at the Holiday Dinner

Friends and family gathered for this popular annual event held December 11, 2008 at the Frazer Center. A great time was had by all!

All Holiday Dinner photos compliments of Diane Moore





The Design Corner

By Jill Kearns

Sustainability is a common buzzword these days and more households are becoming environmentally aware. In the design and construction industries there are organizations like the United States Green Building Council that have implemented a LEED rating system, a point system that rates sustainable building methods and energy efficiencies of new construction and major renovations. Closer to home, Southface is a local organization which promotes sustainability in our homes and communities through education and research.

If you are contemplating new furniture, "think green." A large percentage of discount furniture is constructed in China. Consumers benefit from lower costs, however, there are significant impacts on the environ-

ment through mass construction and shipping. How about recycling your existing furniture? Often, furniture that looks tired and dated on the outside is still as structurally sound as it was when constructed.

Everyone has at least one piece of furniture that could benefit from refreshing. Reupholstering is an ideal way to update the look of your furniture while adhering to the sustainable mantra. Realistically, reupholstering furniture is not significantly less expensive than buying new furniture and the task itself is not simple. However, there are many benefits of reupholstering. Foremost, you will be saving a large object from our landfills.

Reupholstering is especially beneficial if you own a family heirloom that you want to keep, but would like it to look more current. Many times the older furniture is, the better the construction.

A reputable reupholsterer can update the fabric and cushions, bringing a period piece up to date and looking fabulous! When reupholstering, your primary decision is fabric. Most reupholsterers will have a selection of fabrics to choose from or you may decide to provide your own fabrics. Be sure to check with the reupholsterer, some are more willing to work



with you. When selecting fabric, consider the traffic in the room. Will the piece be used often and need durable material? Or, is it in a formal living room where use is minimal? Also consider whether the fabric can be stain protected (attention those with children and pets). There are many options for fabric so make sure the type is appropriate for the use. How about a natural fiber? What about pattern? A rule of thumb is the larger the piece, the larger the pattern you can use. A large scale, modern floral pattern would look great on a large chair or sofa. You could also choose a non-patterned neutral color fabric with a row of brightly colored throw pillows. Remember, this updated furniture will be around for a while, so when in doubt, be conservative. You can always use paint to bring bright color into a room, it's easier to change. If you can't afford to have your furniture reupholstered professionally, there are other options. If you are handy with a sewing machine or just like the satisfaction of doing something yourself, try tackling the project. Often times there are community education classes offered on how to reupholster.

Another option is a slipcover. Depending on the size of the slipcover needed, expect to pay between \$100 - 300 for a quality item. There are a multitude of options on the Internet and it should be no problem to find one to fit the shape of your chair or sofa.

In the end, diverting your furniture from the landfill is the goal. If new furniture is in the cards, local shelters, organizations such as The Furniture Bank of Atlanta or even second-hand stores will pick up your old furniture for free. You might even get a tax write off.

Jill Kearns (previously Makinen but recently married!) is a professional interior designer and design enthusiast. If you have other areas of homes you would like Jill to discuss, or questions you would like Jill to answer, feel free to email her at jillmakinen@gmail.com.

Adoption, continued from page 6

www.adoptioninstitute.org
Adopting.org (general info)
www.adopting.org
 National Adoption Directory Search (general info)
<http://www.childwelfare.gov/nfcad/>

Want to learn more? Attend our free seminar on Saturday, January 31 at 10:00 a.m. at our office, 115-A North McDonough Street, Decatur Georgia 30030 (just across from the high school.) Coffee and doughnuts will be provided.

Sherry is a lawyer, Lake Claire resident, and leader of the Lake Claire Parents Association. She practices law with her husband, Dan Wright, and, yes, they really do get along quite well working together.

Important Disclaimer: This article is not legal advice and establishes no attorney-client relationship between the reader and writer, nor may this information be relied upon to make legal decisions. Everyone's situation is different. Please consult an attorney before making decisions about adopting, and, yes, we would be glad to speak to you!



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Paideia's Green Thanksgiving

By Beth Damon

It's a new year, with new opportunities to be green. Paideia School set the bar high at the end of 2008. They state that "November is the month we often stop to give thanks for what we have. This month we gather with family and friends to celebrate." But Paideia does much more than give thanks; they give back.

Paideia hosted a 'no-trash' Thanksgiving for students and parents on Thanksgiving Day.

With each of the three years of this program they've become more "green," producing in 2006 100 bags of trash, in 2007 only seven bags, and in 2008 one small bag (for about 1000 participants): it contained only the latex gloves that the student servers wore and plastic turkeys that had been placed on dessert cupcakes.

Parent Tania Herbert started the program. Their "nearly-no-trash" success resulted from the use of plates, cups and utensils that were made from sugar cane and corn, i.e., completely compostable. They recycled everything else. Instead of sending anything to a landfill, they hauled the bags of organic trash to Greenco Environmental, a 30-acre field in Barnesville, Georgia. Owner Tim Lesko donated his new company's composting service to Paideia.

Paideia produced 590 lbs of composting material, using six 95-gallon recycling totes (bins that look similar to the curbside "herbie-curbie" bins). Tania told me that all good food (unused, not scraps) was delivered to Atlanta's Open Door Community (an organization that feeds and helps the homeless in Atlanta). They have their thanksgiving feast on Friday, the day after Thanksgiving. Tania's husband and children volunteer there, and they always appreciate the home-cooked food.

Paideia's program is more than a one-time thing at Thanksgiving. They never throw food scraps away. Their high school interns run a program in which all their food is composted. Every Friday the interns take all the food to the school composting center, and they add leaves from campus, and produce the fertilizer for their classroom gardens. They calculate the greenhouse gas savings

and publish it, so that people get an idea of their carbon footprint. As 2009 begins, the momentum for recycling is at an all time high. Schools and businesses alike understand the advantages of energy and water conservation realized in the process; Paideia is a trend setter in our region, but other schools are learning about it, and investment in recycling, both in state and local government, is growing. Happily, the "green movement" is becoming more mainstream. Paideia is a great example; and since the latex gloves were the only trash, Ms. Herbert stated that their next task is to figure out how to be environmentally friendly and hygienic.



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The Conscientious Gardener

Freedom Park Bird and Butterfly Garden

Fall 2008/Winter 2009 Update

No Bailout for Garden: The Freedom Park Bird and Butterfly Garden is the only group known not to be seeking a government bailout (at the moment) this month. Presently, with winter approaching, our needs are fewer and we've gone into hibernation mode. We've done a lot to enhance the garden in the last month and hope that our progress can continue without congressional intervention!

Forty students, 40 plants: Mary Lin Elementary School's two Challenge (gifted) Classes helped us plant 40 native plants in the garden on November 11 and 13. Not only did the students put the plants in the ground but each brought a jug of grey water for each plant as well. Photos of the two classes are attached: Photo one: Left to right starting on the first row: Grace Hawkins, Josey Allen, Hannah Ferguson, Grace Dusenbury, Maddie Herbik, Max Calderon, Mac Leonard, Ben Lashley, Skylar Bril-



lante, Graham Kidd, Sohon Dongol; Row Two- Left to right: Kyle Mulholland, Ian Hawkins, Theo Roper, Marlena Hager, Ms. K. Manning, Sydney Allen, Dr. F. Smith, Max Grum, Will Taber, Max Rafferty. Photo 2: Front Row left to right: Logan Mann, Gabriel Kuper-smith, Nia Clark, Caroline Olson,

Zoe Bryn, Katy Williams, Isabelle Carson, Assata Eubanks, Hank Persons, Conor Downey, Drake Stephens, Miles Archer. Second Row: Ms. Bloudin, Joshua Ortega, Ms. K. Manning, Will Taft, Alex Cameli, Jack Ericson, Nick Hamilton, Zach Clay. Thanks to all the students and especially to teachers

Dr. Frank Smith and Kristal Manning for organizing the event. Phil Edwards and the DeKalb Master Gardeners, Bert Weaver, Loretta Park, Stella Chamberlain and Mike Doyle helped to dig the holes for the plants on November 8, and also helped the students with the plantings on the 11th and 13th.

Three new trees: Trees Atlanta donated three trees to the garden: a dwarf Waxmyrtle, a Paw Paw and an Eastern Red Cedar. Many thanks to Robby Astrove, Program Coordinator at Trees Atlanta, who planted the trees, and to Greg Levine, Program Director there, who arranged for the donation.

Watering, mulching and raking: After the students put the plants in the ground we've continued garden maintenance. Thanks to Dorothy Dobbs for help with cleaning the bluebird box and watering, and to Bob Sattelmeyer for help with raking. We'll finish up watering in the next week. Later this month, Phil Edwards will mulch the leaves which are still falling from the White Oak trees in the garden. White Oaks, by the way, provide food for over 28 species of birds including Blue Jay, Red-headed Woodpecker, American Crow, Tufted Titmouse and White-breasted Nuthatch, all of which have been seen or heard at the garden. (KnoxvilleNew.Com, 10-26-08 article by Marcia Davis)

PowerPoint possibilities: Recently we met with Lelia Ginn, Candler Park resident, who offered to help us with a PowerPoint presentation. Lelia is a graphics coordinator and storyboard designer who works on presentations for corporate clients. We are very grateful for her offer and look forward to working with her!

Other news:

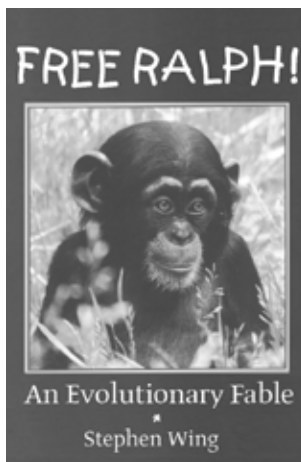
Butterflies at the garden: Last seen - a Black Swallowtail and a Gulf Fritillary. And that brings us to the question . . .

What do butterflies do in the winter? Hibernation is the word. According to the Butterfly Lab at the Peggy Notebaert Nature Museum, most "butterflies hibernate at some stage of butterfly metamorphosis" during the winter months. "Many hairstreak butterflies, such as the Coral Hairstreak and the Banded Hairstreak butterfly, survive the winter as dormant eggs. Many species hibernate as larvae. The caterpillars often burrow underground for the winter. In other species, like Viceroy and Red Spotted Purple, the caterpillars roll a leaf into a tube, fasten it to a twig and crawl inside. Adult butterflies like Mourning Cloaks, Question Marks and Commas hibernate in log piles, under bark and in crevices. Many butterflies, like the Gray Hairstreak, Cabbage White, Checkered White and some swallowtails, spend the winter in their vulnerable chrysalides using the energy stored from their larval stage and avoiding warm weather

Continued on page 11

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Gardener continued from page 10
predators. A few species hibernate as adult butterflies. Mourning Cloaks, Question Marks, and Comas take shelter in log piles, under loose bark on trees, and in building crevices. On warm winter days, it is sometimes possible to see these butterflies flying about."

Birds at the Garden: Recently two new (to the garden) birds were seen—an American Goldfinch (by Bob Sattelmeyer) and a Dark-eyed Junco (by Robert McLoud). Robert also told me that he has seen some bluebirds checking out the bluebird box in his backyard—his house is across the street from the garden. If they do decide to nest, that will make 3 active boxes in the immediate area—Robert's, neighbor Jim Satcher's and ours. Sooo....

What do birds do in the winter? Birdfeeding.org gives the following information: A bird's "first line of

defense against cold is its feathers. Feathers repel water and efficiently insulate warm bodies from the much colder air. By fluffing their feathers, birds create many tiny air spaces that drastically reduce heat loss. On extremely cold nights, birds reduce heat loss further by burying naked body parts into their feathers. At night birds sleep anywhere they can keep warm and safe. Woodpeckers, wrens, titmice, bluebirds and nuthatches sleep in cavities much like the ones in which they nest. Song birds such as cardinals, blue jays and finches retire to dense thickets of vegetation. Tangles of briars, grape vines and brambles protect birds from all but the hardest driving rains. Even greater protection is found in evergreen refuges such as conifers and ivy-covered walls. This is a good ecological reason for every bird-friendly backyard to include some

evergreens."

Wildliferescueleague.org suggests considering landscaping "your yard with plants and trees that provide food in late fall and throughout the winter. These are a few, although there are many that fit that description: highbush cranberry, American elderberry, Staghorn sumac, common winterberry, flowering dogwood, white oak, and chokeberry." The latter four are in our garden. Furthermore, according to Mark McKellar of the Backyard Bird Center, birds have additional ways to survive the cold. "When conditions get worse, shivering can help. Shivering is a body's way of generating a little extra heat. And perhaps the most amazing adaptation birds have for dealing with the cold is their ability to lower their body temperatures, heart rate and general body functions. Hypothermia conserves oxygen in the blood stream and is

used primarily while sleeping. Hypothermia generally refers to lowering the body temperature a few degrees. Hummingbirds and a few other species can drop their body temperatures drastically. This condition is known as torpor."

And in signing off for the year:

We owe a grateful thanks to:

Cecilia Marrero for checking on the garden when yours truly was out of town for three weeks, Meta Larson for donating 2 native plants from her garden, and to those who helped, or stood by to help, with water: Janae Boyles, Miriam Herbers, Lauren Welsh and Leigh Kirkland.

And to Kelly Hopkins, Atlanta Audubon Conservation Chair, for all her help and support in advocating for the garden. Kelly is stepping down at the end of this month.

Happy Holidays to all,

Carol Vanderschaaf, Coordinator

Fighting Crime One Party at a Time . . .

Stephanie Guthrie

Special Events Coordinator, Atlanta Police Foundation, Office: 404.586.0180

The Atlanta Police Foundation is sponsoring a night of parties dedicated to Crime Stoppers Atlanta. On January 17th 2009, members of the Atlanta community are taking a personal interest in helping to fight crime. Community members are being asked to host small events in their homes or neighborhoods to raise awareness of and funds for Crime Stoppers Atlanta.

If you would be interested in sponsoring a party please e-mail me, Stephanie Guthrie, at

sguthrie@atlantapolicefoundation.org and I will help you plan a get together that best fits you and your friends / community. Launched in early 2007, Crime Stoppers Atlanta is a collaborative effort between the Atlanta Police Foundation and metro Atlanta law enforcement agencies. Crime Stoppers Atlanta provides an avenue for citizens to anonymously report information on criminal activity to local law enforcement in return for a reward for those tips leading to an arrest and indictment. Crime Stoppers works because private reward dollars allow the tipster to remain anonymous. In any investigation, police and other law enforcement agencies encounter individuals who will not directly provide information. The three key reasons are fear of reprisal, an attitude of apathy, and a reluctance to get involved. Crime Stoppers breaks through these barriers by giving people the opportunity to provide information without direct-

ly speaking to police or having to testify in court.

Crime Stoppers has helped APD and other metro law enforcement agencies solve a number of heinous crimes including: 19 homicides, 16 robberies, and 95 cases overall. For instance, Crime Stoppers Atlanta enabled APD investigators to quickly solve the murder of 9 year old Annijah Rolax and most recently, beer truck driver Frantz. Jean-Pierre who was

gunned down while working to support his family.

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Obama Inauguration Update

From the Office of U.S. Rep. John Lewis:

"...In my nearly 22 years in Congress, I have never seen the tremendous level excitement that has been generated by the Inauguration of President-elect Barack Obama. Because of the significant interest in attending Inaugural events, I would like to convey the following information which I hope will prove useful... Official tickets to the Inaugural Ceremonies are provided free of charge. All Members of the House of Representatives will receive 198 tickets to the swearing in. All Senators will receive 393 tickets. Since I have received ticket requests from more than 10,000 constituents, I can no longer process requests but will continue to communicate via email updates to all whom are interested in Inaugural events. As I receive details about alternate viewing locations, bus parking, security measures, etc. I will be sure to pass them along to you. Within in the next few weeks, I will send emails to update constituents on the status of their ticket request and detail my ticket distribution process. If you have already sent a ticket request, you will automatically receive these updates..."

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