



Lake Claire Wahoo Champions

The Lake Claire Wahoo Swim Team finished its 2014 season with a 2-2-1 record and a resounding win at the Atlanta Swimming Association Division I Championship June 25 at Georgia Tech's

natatorium. Wahoo swimmers registered thirty-three event wins, chalking up 3,751 points in this first of seven Divisional preliminaries of the ASA Championships. Seventy-six Wahoo



Lake Claire Swim Team members hoist their ASA Division I Champions Trophy – photo by Melissa Thurmond

Lake Claire Tour of Homes – Coming Back, and We Need YOU

Save the date! The 2014 Lake Claire Tour of Homes will be Saturday, October 4, from 10 a.m. to 4 p.m. Please join us for a fun-filled day touring our unique neighborhood and its eclectic mix of homes and gardens of all sizes, shapes, and ages. Proceeds from the tour will help support Lake Claire Neighbors and the Lake Claire sidewalk improvement initiative.

Volunteers are needed! If you're interested in having your home on the tour, helping organize sponsorships, being a tour home greeter, etc., please email Sara Rockaway at fun@lakeclaire.org. These Volunteer positions are a fun way to help out our neighborhood, and any amount of time you can spare is greatly appreciated. Fly on out and see your neighbors' nests! It'll be a hoot!

swimmers contributed to the win, and eighteen Wahoo posted times that qualified them for the Championship Finals held June 29. Participants and spectators were impressed by the enormity and quality of the ASA season finale

and are pleased with the team's results. With a record 141 members this season, *most younger than ten*, the Lake Claire Wahoo Swim Team sits poised to achieve even more success in the future.

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Good Gracious Variety Show Takes Off – Created by Lake Claire's Boyd Baker

A return to the way entertainment used to be might be the best way to describe Good Gracious Show's June 21 debut in Gaines Chapel at Agnes Scott. Over 300 folks were thrilled by blues artist Lola, poet Kodac Harrison, multi-instrumentalist Wyatt Espalin, storyteller Tracy Walker, a film from the Southern Foodways Alliance, singer-songwriter Mia Green, organic farmer Cory Rosser, Dad's Garage Theatre comedy improv, Atlanta Bicycle Coalition's Rebecca Serna, au-

thor Christal Presley, and the incredible kids who started *One More Generation*.

"It really couldn't have gone much better," says creator Boyd Baker. "The venue is gorgeous, the crowd was gracious, and everyone – both on stage and off – had fun!" The show was the culmination of a 10-year old dream of his to create something special that celebrates Atlanta and the South. "We Southerners have so much more to offer than most people realize. What folks in oth-

er parts of the country think of as the South is quite dated. It's time they got a wake-up call to the variety of talented individuals who call the South their home. Having incredible music, powerful stories, poets, and film all on the same night just paints that picture the right way," Baker beams.

This first show reminded audiences how great a night out could be. "I was surprised how much fun my kids had," was heard almost as much as "When is the

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Many thanks to our delivery volunteers for delivering the Clarion: Neither snow nor rain nor heat nor gloom stays these trusty Clarion deliverers, BUT sometimes life interferes—and in that case we will still try our best to get your paper to your porch as close to the beginning of the month as possible.

No Nukes Y'all

by Glenn Carroll

How do Lake Claire residents sleep at night, knowing all kinds of radioactive waste might be sneaking through the neighborhood on roads and rails as they slumber?

Maybe it helps to know Nuclear Watch South is keeping tabs on the situation and sounding the alert, as it has done since organizing in our own Lake Claire community 37 years ago. Founded in 1977, GANE (Georgians Against Nuclear Energy) changed its name in 2006 to better reflect its expanding mission, and is still on the job, advocating a safer environment free of nuclear weapons and radioactive poisons.

On Saturday, August 23, 2014,

Nuclear Watch South stages its annual No Nukes Y'all JAMbo-ree fundraising bash at the Lake Claire Community Land Trust. Headliners Aviva & the Flying Penguins and the ever-popular Ex-P.A.N.D. Band will join Susannah Masarie, ThinkSpeak, bellydancer Juliana Illien, poet Stephen Wing, and others, to support Nuclear Watch South's work at a righteous dance party

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THE **CLARION** IS PRINTED ON RECYCLED PAPER.

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Cover banner photo by Sarah Coburn

The Clarion Newspaper (including its predecessor Neighbors Monthly Newsletter and its predecessor Lake Claire Neighbors Flyer) has been written, edited, and distributed by volunteers since 1989.

AUGUST – mark your calendars!

1 District-wide Open Houses at our neighborhood public schools: Mary Lin -- open house – 5-7 p.m., Inman Middle – Celebration of Learning Day and Open House – 3-5 p.m., Grady High – 1-3 p.m. Also, new family orientation at Atlanta Neighborhood Charter School (ANCS), see <http://atlns.org/events/2014-08/>

1-31 Horizon Theatre presents “Right On,” World Premiere by Thomas Jones. See <http://www.horizontheatre.com/>

3-31 Earth, Fire and Water - Pottery and Paintings by Pen Sherwood will be at the Decatur Library. (Ed. Note: Lake Claire artist Pen Sherwood designed our neighborhood tote bag and has designed our table Christmas ornaments each year.)

4 First Day of School at Mary Lin. They say: remember to bring school supplies to first day of school! Also first day of school at ANCS.

7 Epworth Farmers’ Market, 4pm at Epworth Church, 1561 McLendon/see page 6.

9 Candler Park Movie Night: Karate Kid

16 Candler Park Movie Night: My Big Fat Greek Wedding

16 Councilmember Natalyn Archibong is co-sponsoring a Code Enforcement Summit on August 16, from 9am to 12noon, at the Atlantic Civic Center. The goal of the summit is to communicate to the Public and explain the procedure involved in restoring a distressed property to an acceptable code standard. Residents will also be informed on the importance of community involvement in reporting code concerns. To register and submit any code concerns, please use the link <http://bit.ly/VzVJWh>

19 First day of school at Paideia

21 and the 3rd Thursday of every month - Lake Claire Neighbors Meeting, The Rose Room at The Frazer Center, 7 p.m. socialize, 7:15 meeting start. Pizza from Savage (*thanks, Savage*). Will include discussion of Park redesign.

21 Healthy Brains/Healthy Emotions. 6:30 pm Decatur Recreation Ctr. (231 Sycamore St.) The Decatur Lifelong Community Advisory Board’s Third Thursday series of informative talks covers this topic. More info: Lee Ann Harvey, Lifelong Community Coordinator, leann.harvey@decaturga.com or 678-553-6548.

23 Nuclear Watch South benefit at the Land Trust – please see article on Page 1. No nukes, y’all!!

23 Dinosaur Birthday Bash!—Fernbank, 8 a.m. – 2 p.m. Stomp

like a dinosaur, chomp like a dinosaur, growl like a dinosaur, have a party like a dinosaur. Come one, come all and join the fun as we celebrate the 13th anniversary of Giants of the Mesozoic. Dinosaur and birthday-themed activities, including games, crafts hands-on activities and more. Dinosaur costumes are encouraged! Cost: Included with Museum admission and free for members <http://www.fernbank-museum.org/calendar-of-events/dinosaur-birthday-bash-2014/> --- See Fernbank website for many more fun activities this month

24 Last day of “Whales of the Deep” at Fernbank. <http://fernbankmuseum.org/explore-exhibits/special-exhibitions/whales-giants-of-the-deep/>

28 NPU meeting votes on Lake Claire Park - see website for details.

29-31 Decatur Book Festival – 9th annual. Joyce Carol Oates to deliver keynote, Friday Aug 29 at the Schwartz Center. 8:00 p.m. See more at <https://www.decaturbookfestival.com/2014/index.php>. In addition, the Friends of Decatur Library will host their annual book sale. See details on Page 10.

TO COME IN LATER MONTHS/HOLD DATES:

Saturday, September 6 the next Good Gracious Variety Show (see article Page 1)

Saturday, October 4 Lake Claire Tour of Homes (see article page 1)

Thursday, December 11 Lake Claire Neighbors Holiday Party

Calendar deadline for the SEPTEMBER Clarion: AUGUST 15 to editor@lakeclaire.org. Submissions welcome AND HOPED FOR—The Clarion is your newspaper; we want to make it relevant for you.

PLEASE SEE PROPOSED LAKE CLAIRE PARK RE-DESIGN ON OUR WEBSITE AND INFO ON MEETINGS 8/21 & 8/25.

Candler Park Movie Nights



Candler Park Movie Nights are free, at dusk in the park. Movie night is produced by Friends of Candler Park and funded by their neighborhood association. Lake Claire is invited! August 2 The Lego Movie; August 9 Karate Kid; August 16 My Big Fat Greek Wedding, and August 23 Monsters, Inc.

The Faces of the Frazer Center

This spotlight in our occasional series features Kim Walton, Kitchen Assistant at the Frazer Center and participant in the Adult Program.

Clarion: How did you get started in the kitchen at Frazer?

Kim: I started attending the Adult Program all the way back in 2001. My family and I knew that if I got into the program, I would have a chance to find some work. I started out helping the teachers in the Child Development Classroom and working with the kids. Then I worked in Frazer Grounds [a micro-enterprise ran by Adult Participants where they sell and serve coffee and breakfast items], and that's where I realized I really wanted to work with food. I think it was six or seven years ago that I started in the kitchen. A



Kim in the Kitchen

cook [that is no longer with Frazer] really wanted me to help her out, and I make more money in the kitchen so I was very happy.

Clarion: What do you do in the kitchen? What's your favorite part of the job?

Kim: I work four hours every day helping prepare meals, organizing food carts for the classrooms, and cleaning. I help with breakfast, lunch and snacks. My favorite part is cutting fruits and vegetables and learning new things to do in the kitchen. I also

brew all special sweet tea every morning that all the teachers and adults love, but if I gave it to the kids they'd be up all day!

Clarion: What challenges you the most in your job?



Kim with Nikki Keel, Kitchen Associate

Kim: I never had a job before I came to Frazer, so I have learned a lot of things like responsibility and [being accountable]. In the kitchen you have to be quick too because we make so many meals. I'm part of a fast team that works hard and well together.

Clarion: What do you see

yourself doing in the future?

Kim: I want to continue to learn more and more things around the kitchen. I don't think about it too much, but I definitely want to be working at Frazer in the kitchen!

Kim is part of the Frazer Center's commitment to Supportive Employment, an essential aspect of the Adult Program that provides employment opportunities for interested participants. With the help of Employment Specialists and Job Coaches, individuals identify their passion, talents and goals to be best placed in relating opportunities of employment throughout the community. Frazer's Adult Participants are currently working at a variety of businesses, including Home Depot, Panera Bread Company, Salon Red, and more.

The Lake Claire Land Trust Family Project:

Lake Claire Nature Walk with Al Tate

by Tyralynn Frazier



Kids and Adults Enjoying Nature Walk – by Miriam Herbers

Do you know which weeds in the neighborhood are edible? Did you know that mushrooms eat wood, or which plants ease the itch of mosquito bites? These are just a few things that we all learned on the nature exploration walk with Al Tate. Al took about thirty of us through the Lake Claire Land Trust, teaching all, young and old about edible plants, wildlife habits and habi-

tats, and many other interesting things about the flora and fauna around us. We had so much fun watching the kids eat sorrel by the handfuls and spying on the animals by the pond. Miriam Herbers said that seeing the group exploring the land "made my heart sing." Indeed, we were so grateful to all who joined us.

For those who could not make it don't worry. We will be bring Al



Example of "Seek & Find" box - go check it out!

back in the Fall for more nature adventures. Look out for more edible exploration walks, curious question explorations, and hidden habitat hunts just to name a few.

We are always looking for opportunities for families to engage with the Land Trust. If you are interested in bringing a program or project to the Land Trust Family Project please contact Tyral-

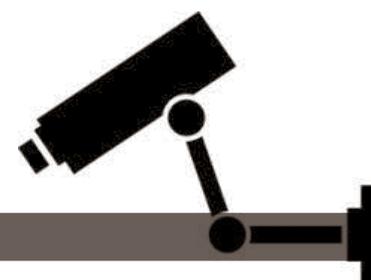
ynn Frazier at tfrazi2@gmail.com.

The Family Project, as has been noted in the Clarion and at several neighborhood meetings, has the mission to encourage families to engage with the wonderful resources in the Lake Claire neighborhood, centered around the neighborhood's and Land Trust's ideals of community and civic engagement. –Ed.

Keep An Eye on the Crime and the Time:

Lake Claire Security Report, May 24 – June 21, 2014

Compiled from Atlanta Police Department (APD) Report, week 45 (regularly 1-2 months behind)



Auto Theft		
200 block Connecticut Ave	5/26/14	1997 Blue Jeep Cherokee
Burglary		
2000 block Palifox Dr	6/4/14	Brick thrown through rear window of home Taken: Apple MacBook Pro
300 block Southerland Terr	6/17/14	Back door to house was unlocked. Taken: laptops, jewelry, wallets, house/car keys, vehicle: 2009 red Honda Fit The victims were in the house during the incident, but did not wake up until their dogs barked as the suspects left. There is surveillance footage of the incident from the victims' security camera that shows 2B/M suspects entering and leaving through the back door, which appeared to be unlocked.
300 block Lake Claire Ct	6/19/14	Taken: nothing Victim woke up to the alarm that indicated that the sunroom window was being tampered with. When she investigated, the back porch light activated as the suspect was standing there with what appeared to be a tire iron in his hand. The victim called 911.
Robbery		
1900 block McLendon Ave	6/19/14	Taken: cash, Apple iPad Mini, keys The victim was sleeping on the couch when she realized the suspect was in her kitchen. The suspect approached her, then punched her once in the right eye causing a laceration. He then fled the house. The door to the residence was unlocked.
Theft from Vehicle		
300 block Clifton Rd	6/8/14	Taken: briefcase, jump drive, files, headphones Damage: back driver side window broken parked on street prints recovered
1900 block Howard Cir	6/17/14	Taken: nothing Victim looked out and noticed the dome light inside her vehicle was on. She came out to inspect and noticed her glove box open. Damage: glove box from driveway
1900 block Howard Cir	6/18/14	Taken: loose change, GPS A neighbor of the victim chased a suspect that ran toward her own vehicle around that time. unlocked in driveway
200 block Connecticut Ave	6/19/14	Taken: sunglasses The suspect left a garage door opener in the vehicle which did not work on any garages in the complex. unlocked in parking lot

Due to the very unusual occurrence and number of burglaries/robberies in Lake Claire in mid-June, APD's Lt Floyd and Sgt. Barth attended the LCN June monthly meeting to discuss this troubling crime spree. (See details in the Minutes.) APD suggestions to help keep your home safe:

1. Outdoor lighting – front and/or back porch lights, motion-sensing flood lighting near entrances.
2. Wired, monitored home alarm system.
3. Prune back tall shrubbery near entrances.
4. Motion-sensing cameras at doorways, on driveways, etc.

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Lake Claire Wahoo Champions

Cont. from p. 1

The Lake Claire Wahoo ASA Championship Finalists:

Ava Blue, 7th, Girls 8U 100-yd Individual Medley; 7th, Girls 8U 25-yd Breaststroke

Kesler Campbell, 17th, Girls 8U 25-yd Breaststroke

Sebastian Gerz-Escandon, 16th, Boys 12U 50-yd Breaststroke

Alex Gettig, 21st, Boys 10U 25-yd Freestyle; 33rd, Boys 10U 25-yd Breaststroke

Howie Heller, 13th, Boys 8U 25-yd Freestyle; 28th, Boys 8U 25-yd Butterfly

Jason Hinson, 8th, Boys 10U 100-yd Individual Medley; 3rd, Boys 10U 25-yd Butterfly

Nia Hinson, 4th, Girls 10U 100-yd Medley Relay; 24th, Girls 10U 100-yd Individual Medley; 18th, Girls 10U 25-yd Butterfly

Emma Jones, 4th, Girls 10U 100-yd Medley Relay; 4th, 10U 25-yd

Backstroke; 11th, Girls 10U 100-yd Individual Medley

Alexandra Mathieson, 9th, Girls 12U 50-yd Breaststroke

Colin McAfee, 22nd, Boys 12U 50-yd Freestyle

Donovan Mikula, 26th, Boys 8U 25-yd Breaststroke

Sam Neff, 12th, Boys 8U 25-yd Backstroke; 30th, Boys 8U 100-yd Individual Medley

Max Nevins, 5th, Boys 14U 50-yd Freestyle; 4th, Boys 50-yd Butterfly

Jory Richardson, 4th, Girls 10U 100-yd Medley Relay; 8th, Girls 10U 25-yd Backstroke

Cary Schroeder, 15th, Girls 8U 50-yd Freestyle; 34th, Girls 8U 25-yd Butterfly

Lindsay Schroeder, 9th, Girls 12U 100-yd Freestyle; 22nd, Girls 12U 100-yd Individual Medley

Ryan Sowell, 27th, Boys 10U 25-yd Backstroke

Stella Wright, 4th, Girls 10U 100-yd Medley Relay; 9th, Girls 10U 25-yd Breaststroke; 13th, Girls 10U 25-yd Freestyle

GO, WAHOO!!!



Give No Nukes Y'all A Dance

Cont. from p. 1

under summer skies.

What does Nuclear Watch South do to make our world safer? Stopping the MOX plutonium fuel boondoggle and stopping CWIP taxes for additional reactors at Plant Vogtle are at the top of the group's to-do list.

MOX is a controversial scheme to secure 50 tons of surplus U.S. weapons-grade plutonium by turning it into experimental nuclear reactor fuel. (Fifteen pounds of plutonium can make a nuclear weapon powerful enough to destroy a city the size of Nagasaki, Japan.)

Plutonium is vulnerable to theft and use in a nuclear weapon because, even though it is fissile and explosive, it really isn't all that radioactive. The goal of MOX (short for "mixed oxides of uranium and plutonium") is to irradiate the plutonium and create a high-radiation barrier which makes it "self-protecting." MOX would require \$30 billion to process the plutonium (creating significant waste streams), remanufacture the plutonium into MOX reactor fuel, and, **this is important**, irradiate the MOX fuel in nuclear reactors. The alternative to MOX, plutonium immobilization, would simply embed the plutonium in the high-level, radioactive glass log program at

Savannah River Site (SRS) using 35,000,000 gallons of hot liquid wastes left over from making the plutonium in the first place.

Well, the Big Money went for MOX (*of course*) and since 2001, Nuclear Watch South has conducted a legal intervention before the U.S. Nuclear Regulatory Commission to block the MOX factory license, working with a national lawyer and Union of Concerned Scientists' expert to raise serious plutonium security issues that are still unaddressed and currently under appeal with the Commission. The ill-fated MOX factory is 15 years behind schedule, 750% over budget and not one of the nation's nuclear reactors will sign up for experimental plutonium fuel, earning the half-built factory the nickname "MOX Factory to Nowhere." Even as I write, President Obama is threatening veto if Southern lawmakers keep trying to resurrect the MOX plutonium fuel factory which the White House budgeted for "cold standby" in fiscal year 2015. Could this really be the end of MOX?

Right across the river from MOX and SRS sits Georgia Power's Vogtle nuclear complex -- where two **unnneeded, risky reactors are under construction**. The contentious additional

Vogtle reactors are at the forefront of a much ballyhooed "nuclear renaissance" which has devolved into a "nuclear retreat." Georgia plods along with dead-end reactor projects even as the rest of the world sprints ahead in the long-predicted renewable energy revolution and enjoys record-breaking low costs of new solar and wind power.

Georgia Power's \$20 billion reactor program depends on an unusual tax called Construction Work In Progress (CWIP). The CWIP tax, **listed on Georgia Power customer bills** as "Nuclear Construction Cost Recovery," charges in advance for Vogtle construction costs.

Southern Company and Georgia Power used the CWIP tax to borrow \$6.5 billion in tax-free, interest-free U.S. treasury dollars called "federal loan guarantees." **And get THIS**, Georgia Power is guaranteed 11% return on equity (profit) by the Georgia Public Service Commission (PSC), yet another huge, monopolistic perk cited by the feds as justification to hand our tax dollars over to Southern Company.

Last summer, Nuclear Watch South worked with an economist to intervene at the PSC in the formal Vogtle construction review. Our expert analyzed 10 years of

Georgia
Power
annual
report
data
which

show flat and declining electricity sales, flying in the face of 4% annual growth projections used to justify the additional reactors at Vogtle. Georgia Power's unused generating capacity is hovering above 50%, the national average is 17%.

It is clear, additional Vogtle reactors are not needed! There has never been a better time to stop this \$20 billion boondoggle eclipsing solar and wind development in Georgia!

Visit www.nonukesyall.org to sign a petition to Stop CWIP and send an action letter to the PSC. Get in touch with Nuclear Watch South to get more active on these and other nuclear issues. And come out to meet up with your Nuclear Watch South volunteers and **give No Nukes Y'all a Dance** on August 23 at the Lake Claire Community Land Trust!

Oh, yeah, and rest assured that nuclear waste will never move silently through our communities while Nuclear Watch South is on the job.

Glenn Carroll is coordinator of Nuclear Watch South. – Ed.



Farmers' Markets in Proximity to Lake Claire

by Beth Damon

Grab a cup of coffee, and venture into the morning for the best picks from Atlanta's phenomenal farmers' markets! From fruits and veggies to homemade preserves and treats, you're sure to enjoy these fresh finds from a wide variety options of Farmers' Markets in Atlanta, many very close to Lake Claire.

The Decatur Farmers' Market (Saturdays, year-round) has sumptuous homemade sauces, jams, preserves and pickles. It also offers locally-grown organic and sustainable produce, flowers, bread and cage-free dairy products, as well as fresh-cut and cured meats. It is open Saturdays, year-round, from 9 a.m. to 1 p.m., and Wednesdays 4-7 p.m.

Morningside Farmers Market is special because it's the only farmers market in Atlanta that requires all produce to be certified organic. In addition, the

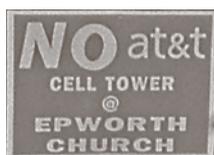
market features locally produced meats, bread and foods; certified organic flowers; and artisan crafts. In business since 1995, the produce is local, fresh, and produced by the farmers who are at the market. It's a very small, intimate farmers market where you can get to know the producers of the food. Open Saturday mornings year round, from 7:30 a.m. to 11:30 a.m.

Epworth Farmers' market, right around the corner in Candler Park, is open from 4 to 8 p.m., the first and third Thursdays. Located on the grounds of Epworth UMC, 1561 McLendon Avenue, you can find fresh and organic produce from local farms including canned and preserved produce from local farms; meat, fish or eggs from local farms; prepared foods such as baked items; arts such as jewelry, pottery, clothing, bags, photographs,



baskets, paintings, and "other products of general interest to the Candler Park community."

One treat at several of the farmers markets, including Decatur, East Atlanta, and Morn-



Epworth and AT&T have been clear that they are moving forward constructing a new steeple that will house a cell tower, in spite of a Candler Park Neighborhood Organization (CPNO) vote

AGAINST it and strong opposition from neighbors in both CP and Lake Claire. Epworth refused to meet with the neighborhood about it. AT&T had little regard for concerns raised. Construction begins in Spring/Summer 2015.



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- Lake Claire
- Candler Park
- Inman Park
- Decatur
- Druid Hills
- Virginia Highland
- Morningside
- Poncey Highland
- Old Fourth Ward

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ingside, is bread (and other baked goods) from **La Calavera**. Baker/owner Eric Arillo grew up in Lake Claire, and his parents

Arillo's sweets -- such as orejas (palmiers), conchas (sweet dough covered with a shortbread-like topping), and marranitos (molas-

schedule at facebook.com/lacalaverabakery.

East Atlanta Village Farmers Market (Thursdays, May-November, 4 p.m. - 8 p.m.). This community-driven market features fresh produce as well as unique finds from local artisans.

Emory University Farmers Market (Tuesdays 11 a.m.- 3 p.m.) is on Emory campus, on the Cox Hall Bridge, year-round *except* during summer and school breaks (so, not now).

Many of the markets have websites. Here are a few:

Decatur Farmers Market, <http://decaturfarmersmarket.com/wordpress/>

Tucker Farmers Market, <http://tuckerfarmersmarket.com/>

Morningside Farmers Market, <http://www.morningsidemarket.com/>

Epworth Farmers Market, <http://www.epworthcandlerpark.org/naturally/farmers-market>

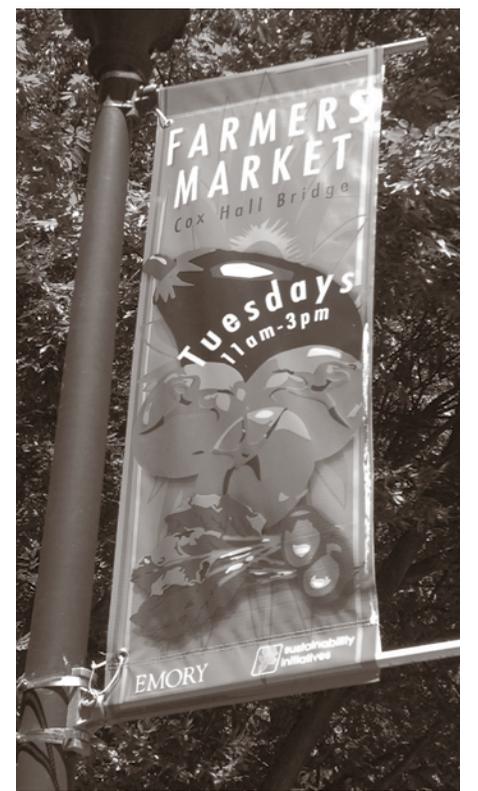
East Atlanta Farmers Market, <http://www.farmeav.com/>

Emory Farmers Market, http://www.emory.edu/dining/emory_



still live on Gordon; Dale Ralston, his wife and partner in La Calavera, grew up in Candler Park.

ses cookies), and his tangy, complex loaves are not to be missed. Check out the bakery's complete



Emory Farmers' Market

farmers_market.php

Thanks, Sue McAvoy (friend, neighbor, and Emory colleague), who gave me the idea for this article. -B.

Good Gracious Variety Show Takes Off

Cont. from p. 1



Interview with Real Hens of Atlanta creators (yes that's a chicken in her lap)

next show? I want to see more!"

Buoyed by the response from the audience, as well as the stage performers, the next Good Gracious show is slated for Saturday, September 6. This show will be held at the Variety Playhouse with another outstanding gathering of talent.

Details for the September show will be available at the website www.GoodGraciousShow.com as soon as the lineup is finalized.

Personal and Business Classifieds

Earth, Fire and Water - Pottery and Paintings by Pen Sherwood will be at the Decatur Library March 3-31.

(Ed. Note: Lake Claire artist Pen Sherwood designed our neighborhood tote bag and has designed our table Christmas ornaments each year. Come and check out her show!)



Singer-songwriter Wyatt Espalin



Blues keyboardist Lola

August into September in the Garden

by Elizabeth Knowlton

At this time of year, many new people move to Lake Claire, some from other parts of the city and some from other states and countries. I have two pieces of advice, the first for newcomers, the second for everyone.

Never disrupt your new ground when you first move in, particularly in August. Put your energies into your new house, an inanimate structure that will look the same in six months unless you change it. Allow some time, ideally a year, to get to know your own earth, your little plot. Yes, mow the grass if there is any. Otherwise, wait and watch because all sorts of things are out there, many not apparent until winter or spring. And, the best way to begin to hate gardening, especially in the South, is to start doing outdoor work in August. I have shrunk away from the sight through my window of new neighbors laboring out there to remove weeds from, say, our hexagonal paver sidewalks at 1 p.m. on a summer day. The line, "Mad dogs and Englishmen go out in the midday sun," was not

a joke. In Georgia, as in India, never do outdoor work between noon (at the latest) and 6 p.m. If you really are a late night person and must waste the best hours between 6 and 10 a.m., then install some exterior lighting to help you continue gardening past nightfall.

Second, for all of us, this is really the beginning of our gardening year. Now is the time to order spring flowering bulbs, start biennials and perennials from seed, set up a composting system, and plan your fall plantings of vegetables, shrubs, and trees even if you do not yet turn over the soil. The restful summer months are almost over. Here in the South, we are busiest from about October until May because even when it snows we are ordering and planting spring seeds. So get ready.

If you have a garden bed prepared last spring and mulched when empty in the summer, lima beans, corn, and eggplant and pepper plants are about the only vegetables it is too late to

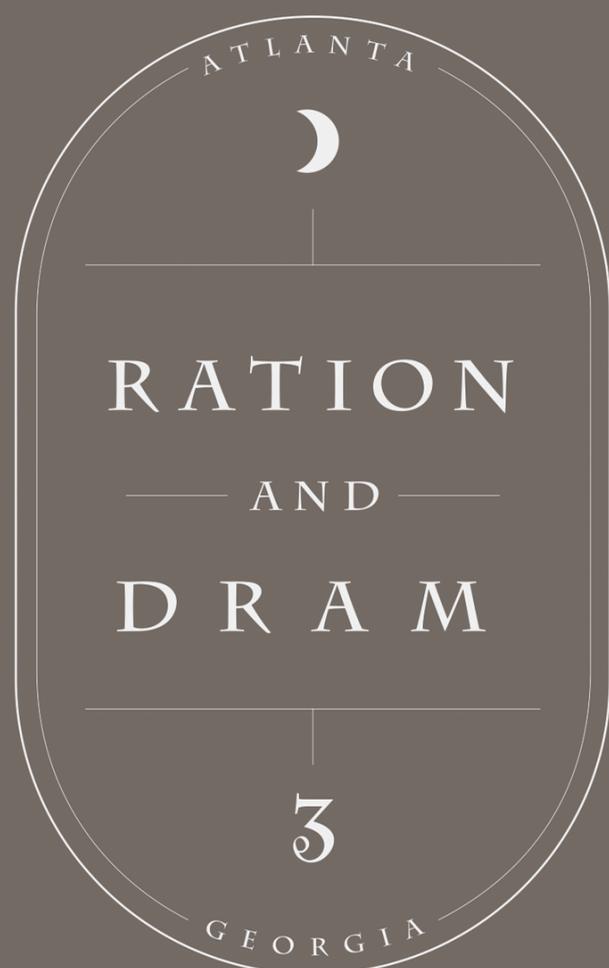
plant now. Many of you have gardened only with "starts," small plants purchased and put into the ground in spring and fall. Frankly, many of these should be called "finisheds" because the transplanting can push the plant to go to seed earlier than productive, lettuce for example. But at this point, if you have not seeded broccoli, cauliflower, and Brussels sprouts in pots already, you will need to purchase plants. Seeds needing to be in the ground by the end of August are bush and pole beans, cucumbers, kale, radishes, and bush squash. Position the seed a little deeper than usual, and water well. Sometimes placing a board over the row or square will help with germination in this heat, but you must check it daily and remove

as soon as seedlings appear.

Don't neglect the hot weather vegetables already in your garden, especially harvesting the fruits promptly before they are harvested by others, usually squirrels, possum, and various insects. If plants are still setting new flowers, like tomatoes, they probably could do with some more fertilizer and a layer of compost. Keep up the watering as this summer has had dry stretches; water deeply and long if we are not getting an inch of rain a week. Weed as needed, and mulch. Mini-bark around the tomatoes will prevent diseases from splashing from soil to foliage, especially if you keep picking off dying and diseased leaves and putting them in the garbage.

Cont. on p. 10

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Independence Day at the Land Trust . . . A Berry Fine Time Had by All!

by Debbie Livingston

Every year the Lake Claire Community Land Trust holds a Fourth of July cook-off and potluck. The 2014 theme for the cook-off was **Berries**.

Anyone can enter a dish in the contest, and anyone can taste and vote. A \$1.00 donation is requested to obtain a ballot and tasting/voting privileges. This year we had nine entries and

36 taster/voters! The winners: First Place went to Nicole Shashoua for her Strawberry Chicken Summer Salad with Poppy Seed Vinaigrette. Debbie Livingston's Raspberry Ice Cream won Second Place, and Betsy Hoddinott's Blueberry Salsa won Third Place.

The tasting and judging was followed by a scrumptious potluck and the entertaining pre-

sentation of awards by Reuben Haller. Elijah Haller organized and hosted the annual watermelon seed spitting contest, the winners of which were Reuben Haller, Fallou Diouf, and Devon Haller.

Congratulations to all our winners! Please join us next year, and enter our 2015 cook-off if you dare -- *theme to be announced!*



The Winning Recipes . . .

Nicole Shashoua's Award-Winning Strawberry Chicken Summer Salad with Poppyseed Vinaigrette [First Prize] Salad:

To keep proportions in mind, for this huge salad I used 10 oz. of lettuce and 4 tomatoes, a whole pack of strawberries, and 2 small unfrozen packs of chicken. Adjust according to the size of your salad.

Ingredients: Baby arugula, Baby kale (use same amount of each); Yellow vine tomatoes, chopped (keep extra juice left on board for adding to dressing); Fresh strawberries, chopped; Fresh skinless boneless breast chicken tenderloin strips.

Directions: Boil the chicken in water with some dark olive oil and salt until cooked, then chop, add to salad and toss. After draining, sometimes I add a touch of garlic and onion powder, pepper, and a little more oil, but this is not necessary.

Dressing: Proportionally for this huge salad, I made approximately 2 cups so as not to run out. Keep dressing on the side so it won't sog the salad prematurely. Measurements are approximate.

Ingredients: Dijon mustard (about a tablespoon); Nutritional yeast if you have it (not more than a tablespoon); Dark olive oil; Salt to taste; just a little until it helps you taste all the flavors well; Poppy seeds (I just dumped a bunch in and stirred until it looked pretty... these don't have a strong flavor, and the seeds compliment the also seedy strawberry texture; Juice left over from the yellow tomatoes; Juice out of a big can of diced red plain tomatoes; Lemon juice (I used the organic bottled kind).

Note: the idea here is to have slightly more oil than the other more acidic liquids, but close to half and half; so if there is not enough tomato water to make almost half the amount of dressing you want, add some lemon juice, but be careful because it overwhelms. I like to have a little lemon juice included, but the main acidity flavor and substance should be from the tomato "water."

Directions: Add olive oil to other liquid ingredients until you have approximately twice the amount of liquid. Taste, and if it's too lemony then more nutritional yeast will cut that the fastest; more olive oil and more tomato water will also fix it. Dressing is best unrefrigerated as the oil tends to harden a bit.

Debbie Livingston's Raspberry Ice Cream [Second Prize]

Ingredients: Raspberry Sauce . . . which is what flavors the ice cream; Two 12 oz. packages of frozen raspberries; 2/3 cup cane sugar; 4 Tbsp. pineapple juice; Another 3 Tbsp. pineapple juice; 4 tsp. cornstarch; 2 Tbsp. Kirsch

Sauce: Combine the raspberries, sugar and 4 Tbsp. of pineapple juice in a saucepan and cook over medium heat, stirring frequently, until the raspberries break down. Strain the sauce through a fine-meshed sieve to remove the seeds. Combine 3 Tbsp. of pineapple juice, 2 Tbsp. Kirsch and 4 tsp. of cornstarch until cornstarch is dissolved. Add cornstarch mixture to raspberries, stirring constantly, over medium heat until thickened.



Ice Cream [based on a recipe from *The Perfect Scoop* by David Lebovitz]:

1-1/2 cups half-and-half (I used 3/4 cup milk + 3/4 cup heavy cream); 1/3 cup sugar; 1-1/2 cups heavy cream; 4 large egg yolks; 1-1/2-plus cups raspberry sauce (I added more; maybe 1 3/4 cups).

Directions: Warm the half-and-half and sugar in a medium saucepan. Pour the cream into a large bowl, and set a mesh strainer over the top. In a separate medium bowl, whisk together the egg yolks. Slowly pour the warm milk into the egg yolks, whisking constantly, then scrape the warmed egg yolks back into the saucepan. Stir the mixture constantly over medium heat with a heatproof spatula, scraping the bottom as you stir, until the mixture thickens and coats the spatula (this is the "custard"). Pour the custard through the strainer and stir it into the cream. Mix in the raspberry sauce and stir over an ice bath (a bowl of ice) until cool. Chill thoroughly in the refrigerator but, to preserve the fresh raspberry taste, churn the ice cream within 4 hours after making the mixture.

Betsy Hoddinott's Blueberry Salsa [Third Prize]

Ingredients:

1-1/2 cups blueberries, stemmed and washed; 1 large Bartlett pear, peeled, cored and diced in 1/4-inch cubes; 1/4 cup finely minced red onion; 1/4 cup diced red bell pepper; 1 Jalapeno pepper, stemmed, seeded and finely minced; Juice of 1 lime; 1 tsp. honey; 1 Tbsp. chopped fresh oregano; 1/4 tsp. garlic salt; 2 Tbsp. chopped fresh cilantro.

Directions:

Coarsely chop 1 cup blueberries (food processor may be used). Combine chopped blueberries, 1/2 cup whole blueberries, pear, onion, bell pepper, Jalapeno, lime juice, honey, oregano, garlic salt and cilantro in a small bowl. Serve chilled or at room temperature. Yield: 1-1/2 cups.

Upcoming at the Land Trust

Sat. August 2 & 16 – Drum Circle, dark until midnight. Please walk, bike or carpool. Donation requested. Contact info@LCCLT.org.

Sat. August 23 – benefit for Nuclear Watch South, 5-11 pm, with Aviva & the Flying Penguins, the Ex-P.A.N.D. Band, Susannah Masarie, Thinkspeak, Juliana, Stephen Wing, and more, plus food & refreshments. PLEASE do not park on the streets around the Land Trust - designated parking is on Connecticut at the Clifton Sanctuary Ministries (follow the signs) (see article, page 1).

Gardening

Cont. from p. 8

I vacillate between doing this religiously and letting some leaves remain because the more foliage there is, the longer it takes squirrels to notice tomatoes. Once they have, it is very difficult to harvest a tomato because they will strip the plants right down to the small green ones. Techniques I have used with various success are 1) providing water for the squirrels in another part of the garden, 2) spraying the tomatoes with various hot pepper waxes, 3) dousing surrounding wooden stakes, boards, non-edible shrubbery, and the trunks of close trees and shrubs with foul smelling repellants like Repels-All and Deer Off, and 4) enclosing and clothes-pinning clusters

of tomatoes in the expandable plastic net bags used for tulip bulbs. Last year the poisoning by someone of many squirrels on my block enabled a large harvest but almost killed my cat.

Speaking of watering, are you following the city guidelines for this? On my morning walks, I notice many people with automatic watering systems who are not watering on the specified days (Mon., Wed., Sat for even house numbers; Tues., Thurs., Sun., for odd) before 10 a.m. and leave their systems running even when we have already had an inch of rain that week. Soaker hoses and drip irrigation in general provide slower, deeper watering although a sprinkler can

quickly reach into odd corners and refresh a lawn. The advantage of a "weedy" lawn is that it rarely needs watering or fertilizing, and simple mowing every couple of weeks keeps it neat. Leave the cut grass as fertilizer on the lawn.

The perennials you started earlier in the summer are probably ready to be transplanted to larger pots by now. Aged compost makes a good, temporary potting soil before they are moved to permanent garden spots this fall. Take photographs of your flower beds each month so you can improve them next year. Foliage plants like hostas and heucheras will carry you through the heat once the showy perennials are

finished. If there are bare spots now, fill in with annuals such as zinnias, marigolds, and petunias or a nifty piece of garden art. Don't forget to fertilize and dead-head all flowers to keep them blooming unless you are collecting the seeds.

And what did happen to the Dr. Wyche's Yellow tomato seedling I handed over to my friend with the Land Trust plot? In July, she supplied me with the first delicious fruit, weighing a pound and a half.

You may e-mail Elizabeth with gardening questions/comments - knowltonew@earthlink.net. I know she would love to hear from you about your own gardening successes. -Ed.

Donation from the Candler Park Market from its Belgium Bicycle Raffle



The Candler Park Market is a locally owned and operated neighborhood corner store at the crossroads of Candler Park and Lake Claire, at Clifton and McLendon. They have been very generous to both neighborhoods, Candler Park as well as Lake Claire. Once again, they raffled off a Belgium bicycle, and they had a record sale of tickets. Thanks to Jeff (the winner of the bike) and all the folks

that participated in the raffle; the market raised \$556, which they divided between Lake Claire and Candler Park, giving half to each. Thank you to Greg Hutchins and the Candler Park Market. We at the Clarion and throughout Lake Claire truly appreciate your support and neighborhood spirit!



Jeff and his New Belgium Bicycle - Thanks Candler Park Market!"

Showing Guests Atlanta? The City Pass

by Lynn Nomad

Do you know about the City Pass? You can save up to 46% off admission to five of Atlanta's "must-see" attractions as well as skipping ticket lines. The booklets are valid for 9 days begin-

ning with the first day of use so that you can stay and play at your own pace. Included are the Aquarium, CNN Atlanta Studio Tour, the World of Coca-Cola, either the High Museum of Art OR

Fernbank, and Zoo Atlanta OR The History Center.

If you are planning a weekend in Atlanta or you have guests visiting, this is a great convenience and saves money on individual



admissions. Complete information at <http://www.atlanta.com/city-pass.aspx>.

Great, Inexpensive, Books at Decatur Book Festival (Labor Day Weekend)

The Friends of the Decatur Library will host a book sale during the Decatur Book Festival on August 30 from 9 am to 3 pm on the front lawn of the Decatur Library, weather permitting. Thousands of gently used fiction, nonfiction and children's books, as well as DVDs and CDs, will be offered for sale at low prices starting at

\$.50. Only cash or checks will be accepted. Dealers must scan at tables. All proceeds benefit the programs and collections of the Decatur Library. Admission is free. Donations of gently used books are always welcome at the library front desk. 215 Sycamore Street, Decatur, GA 30030.

Whales at Fernbank: Through August 24

Did you know that a blue whale is the same size as a 737 airplane, or that its tongue alone weighs more than a whole elephant? Did you also know that gray whales migrate over 12,000 miles a year, farther than any other mammal known? Plunge into the mysteri-

ous world of whales and explore their relationship with humans at Fernbank August 1-24.



Hello...Safe Journey – Skiing in and around Lake Claire



Birthdays:

- 7/18 belated Happy 60th, to Teri Stewart, Gordon Avenue
- 8/3 Jazz Melodie Sibille, turns 8, Ivy Place
- 8/5 Ally Bliss, turns 9 years old, Leonardo
- 8/6 Fallou Diouf, turns 8 years old, Arizona
- 8/13 Lyriq Gaspard Sibille, turns 2! - Ivy Place
- 8/16 Peter Belle, 50+, McLendon Ave. *(Eva told us exactly, but we're holding back)*

Anniversary:

- 8/2 Melanie and Jason Bliss' 17th anniversary, congrats!

Chasing Frisbees in heaven:

7/4 Wing and Dawn's dog Lily suddenly passed away in her sleep. They found her lying peacefully in the living room. They had Lily for 7 years and guess that she was between 3 and 5 yrs old when she came to them. They gave her a great life after the hard one she had had on the streets. And, Dawn said, she gave them her patience, good company, and her love. It is so sad to lose our beloved 4-legged family members, and Lily is so missed by Dawn and Wing, as



Lily (Rest in Peace)

well as by many others in Lake Claire who knew her.

To help us continue this feature on neighborhood life cycle events, send dates to editor@lakeclaire.org -- birthdays or other celebrations for the upcoming month, births or deaths or important rights of passage. We promise not to identify ages for people over 25 unless requested! ;-). As space allows, we will include in the newspaper. What's in September? **Let us know your suggestions by AUGUST 15 for the September Clarion.**



Biscuits and Bellyrubs

by Anna Trodglen

Anna Trodglen draws our Biscuits and Bellyrubs series. A life-time Atlanta resident, Anna grew up on the edge of Lake Claire. She lives with her husband Dugan, three terriers, and a Black Cat. Find Anna's greeting cards and prints at Donna Van Gogh's, owned and operated by Lake Claire residents. Thanks, Anna!



Juvenile Red-Tailed Hawk Spotted in Lake Claire

Diane Ludington on Leonardo spotted this guy on the birdbath on her deck. He sat

there for almost five minutes, then soared away.



LAKE CLAIRE KIDS' CORNER



We hope this series is fun and a way for younger readers to participate. This month we feature Keely Baker, age 10. As Keely notes, she is starting 5th grade at Mary Lin. Keely is a Leo (i.e., lives on Leonardo Avenue).

Interview With Chicken and Waffles

by Keely Baker, aged 10

Hi- My name is Keely Baker. I will be in 5th grade this fall at Mary Lin. My brother will be in 8th grade at Inman, where my mom also teaches Language Arts. For the summer my family and I have been taking care of chickens because their owners are traveling. One is a barred black and white hen with no tail. The other is a Rhode Island Red hen. The barred one is named **Chicken**. The other is named **Waffles**. These are not their real names, because their owners told us that you don't name food. But we are not going to eat them, so we named them. Here is an interview I did with them.

K: Describe your personalities

C: I am definitely the braver chicken- I like to be at the food first.

K: So you are sort of the alpha chicken?

C: You could say so.

W: Oh yes. She is more bold than I am. I am much more laid back.

K: I see you relaxing in the yard a lot.

W: Yes, I love to sunbathe.

K: Speaking of laying, is there anyone who lays more eggs than the other?

C: No, we take turns.. It is not as easy as it used to be because we are older now.

W: I used to lay a lot in my day.

K: How have you enjoyed your stay in Lake Claire?

C: I've liked it.



Keely with Waffles



Chicken and Waffles

W: We have lots more visitors here. It's very busy. Mia Miller likes to come over, and Annie and Seth Jirak, too. The other day we watched Amelia and Sadie Stevens jump on the trampoline. Ally and Tyler Bliss see us sometimes, too.

C: Wouldn't it be fun to try to jump on the trampoline, Waffles?

(no comment from Waffles at this idea)

K: What is like to live in the Virginia-Highland area?

C: It is more quiet there, not so many visitors. It is peaceful though.

K: Do you think my family would make good chicken owners?

C: Certainly! You have a nice big backyard with tasty little bugs.

W: I love the dry fluffy dirt to scratch in, shady shrubs and warm sunny spots in the grass!

C: And don't forget the showers of treats from the porch above. Keep those tomato bits and watermelon rinds coming!

W: The dog Spot is not even that scary- he doesn't even chase us.

W and C together: We love it here!

W: Hopefully if you decide to get chickens they will

love it here, too!

K: Thanks for letting us practice having chickens. Keep in touch when you leave our neighborhood, okay?

C: And thank you for having us.



Lily Morris, August Winner of the Clarion Contest

CLARION CONTEST: THIS MONTH'S WINNER!

There were hundreds of contestants who searched for the PATRIOTIC MICKEY MOUSE last month, but Lily Morris, age 9, was the winner. Lily Morris is a rising 4th grader at Mary Lin Elementary and has a brother named Jack. She loves taking dance classes at the Decatur School of Ballet, but especially loves her tap class. She loves to read and to write creative fiction. Congratulations, Lily!!

Pet Corner

Doggie Tip: It's a good idea to run a heartworm test on an adopted dog with an unknown medical history immediately upon adoption and again 6 months later. (Of course, meanwhile the doggie is taking heartworm preventative.) Heartworms can gestate for six months, so if the first test shows the doggie is heartworm negative, he or she may actually be positive. The same would apply if there is a lapse in heartworm preventative dosing for more than two months. In Georgia, about one in three dogs not on preventative will become infected with heartworms sooner or later. Symptoms don't develop until the heart & lungs are already severely damaged. Prevention of heartworm disease

is easy. All dogs in Georgia should be on monthly heartworm prevention, year round, for life. Year round prevention is absolutely necessary in Georgia. In colder climates, prevention is sometimes skipped during the coldest months of winter, since mosquitoes cannot survive. This does not apply in Georgia, where infected mosquitoes have been found during every month, including winter months. The cost of those pills is minimal - especially compared to the cost of treating heartworm disease, and the suffering of your dog. WalMart has a generic product available for only \$1 a dose. It does not prevent whipworms or fleas, but given the risks of disease, it is far better than nothing. This cheap generic makes if financially possible for all dog owners to do at least this much.

Hi, Lake Claire Kids, next issue let's put some of your creativity on this page. Submit articles, poetry, drawings, your original puzzles, etc., to editor@lakeclaire.org. Tell us about your hobbies, your favorite part of Lake Claire, what you enjoyed about this summer in Lake Claire or the best things about starting school this year --- or choose any topic of your choice. Be creative...we'd love to hear from you - by AUGUST 15 for the September issue.